



Alternatives to Violence Project Newsletter

the Transformer

for AVP Workshop Leaders
Fall 1996

FROM THE INTERNATIONAL CONFERENCE

What Changed Me

by Ken Raven

AVP, Transforming Power, Connectiveness, what does all that have to do with me I wondered after taking my Basic Workshop? Yes, I had survived 12.5 years in Walla Walla and was now pulling the last 8 months of a life sentence. And, yes, I was concerned about how I would adjust to the real world. So I took an Advanced workshop and later was honored to become a facilitator. Here is what changed for me.

I was sitting in my cell making a tape to my wife, when I heard this noise only too familiar to my ears. I stepped out of my cell to witness a convict beating another convict's head against the railing. Standing behind him was a group of convicts watching and cheering him on to kill him. I was torn between the convict code, "You see nothing, hear nothing, and get involved in nothing." That is how you live! As I stood there watching the blood fly I couldn't help feeling the helplessness of the man being beaten.

I knew there was no way I could just walk away, because doing so meant I condoned the violence, and I would become part of violence done to a fellow human being. Yet I was torn between the code. I asked myself the ques-

tion, "Why me?" In a voice spoken very softly I said, "Stop." What happened next changed my life. The man looked at me wide-eyed, stopped beating the man, and walked away. The crowd looked at me with hate and anger, making comments that I was next, and that I shouldn't have gotten involved. Oh, I knew what they were saying and I questioned myself at the time. But what can I say, it was what I had to do no matter the outcome.

When the man was returned from the hole, I knew what to expect. He would come to get even, punishment for getting involved. I wondered if I was really going to make parole. As he approached me, I did not see hate but joy in his eyes. Say what! He asked if he could talk with me. He thanked me for stopping him from killing that man. O.K. check his hands. Where is the shank? One never seems to believe that there is another way of dealing with things. I asked him why he stopped, and his answer was profound, "You yelled so loud you shook my soul." He and I became friends over the few months I had remaining inside. I would like to thank you from my heart for allowing Transforming Power to pass through me and Transform not only your life, but mine!

WHAT'S NEW IN AVP

News from the International Conference

New Zealand "We greet the creator... the Sky Father... the Earth Mother... With these words from an ancient Maori greeting, Elaine Dyer of Aotearoa (New Zealand) opened the fourth AVP International conference. "We greet our ancestors that came before us... we greet our children and grandchildren that will follow us... we greet this place where we are meeting ... and we greet the journeys of our lives that brought us to Hamilton, Ontario."

Over 90 facilitators were gathered from Hungary, Great Britain, Ireland, New Zealand, Costa Rica, Nicaragua, Canada and the United States for this event.

Canada "There is nothing wrong with prisons," said Ruth Morris of Canada, "except that they are costly, ineffective failures." She then went on to describe a vision of society with a new kind of justice. Not a "retributive Justice" such as the present system which creates misery for both the victim and the offender. Not even a "restorative justice" which seeks to restore both the victim and the offender to become healthy productive members of society. But rather, "transformative justice" which changes both the individuals and the society in which they live. She made it clear that individual justice cannot work in an unjust society.

Ruth Morris went on to talk about her work with street people, the homeless and ex-inmates in Toronto and the shelters, halfway houses and programs she has set up. She sees that people not only have physical needs but that they also need to be offered spiritual

faith. She sees this as one of the great benefits of AVP. AVP helps to bridge the race and class barriers that plague our society.

Hungary Istvan Fedor talked about the ways AVP is helping to bridge the race and class barriers in Hungary. Istvan, a professor of psychology in the city of Szeged, talked about the gulf between the professionals and non-professionals in Hungary and the even greater gulf between the Hungarians and the Gypsies. AVP is helping to bring these groups together. Both Gypsies and professionals attended the same workshop. This would normally be taboo in Hungary. They even shared their experiences and feelings. An even more remarkable experience was when young person who might be diagnosed as a catatonic schizophrenic attended a workshop. In the course of the workshop the young man began to speak up and some of the obsessive behavior even began to disappear. Perhaps the most important contribution AVP is making in Hungary is that it is building a sense of community and trust where there was no trust in the past.

England Karen Fry told of her work with incarcerated youth in England and how AVP has helped to build bridges in the institution. A group of young offenders was segregated in one wing to protect them from the dominant "bullies" in the general population. In her workshops, she brought the "bullies" and the "protected" youth together. Instead of mayhem, they began to learn from each other and share experiences such as, "What is it like to be in the protected wing?" When

WHAT'S NEW IN AVP

working with youth, the AVP program needs to be adjusted with extra of light and livelies, a brisk pace and lots of exercises because of short attention spans. Karen finds working with youth challenging and exciting.

United States Tony Diaz spoke about the growing problem of domestic violence. Twenty-five percent of the women going into emergency rooms are victims of domestic violence. Four women are murdered every day; victims of domestic violence. Tony

shared his own experience of domestic violence and being personally abused by his father, aunt and other family members. As he said, "I hurt, and I learned to hurt other people... I learned to abuse alcohol and drugs... I ended up in jail. I learned to pump iron and I got drunk and I hurt people." and he then says, "I took AVP and now I don't hurt anymore." Tony is now devoting his time to leading AVP workshops on domestic violence.

A Letter to AVPers

As the new Leadership Team for AVP-USA, we are writing to you to share some of our goals for the coming year, which can only be accomplished with your help.

Our first priority is to establish a solid financial basis for the national organization. We need to raise a sufficient income to pay Marjorie Kerr, our Executive Director, a salary rather than the meager stipend we have in the past, and to hire part time help to do some of the clerical tasks.

Grants are an important part of this equation, but they generally are not renewed after a specific period. The only basis of support we can count on for the long haul is donations from many individuals. People give to groups that provide a service they feel is worthwhile. This leads to our second priority - without which the first cannot be accomplished. AVP-USA needs to become an organization that AVP facilitators want to support. Much of the focus this year will be on

finding ways to strengthen community among us.

You have heard the adage that a chain is as strong as its weakest link. However, AVP is not a chain but a web or a net. When one strand is broken, our community is weakened but not destroyed, and we must turn our attention to mending broken relationships and rebuilding trust.

A community is a group where individuals feel a responsibility to discover others' gifts, and to nurture and develop them so they can be shared. In turn, individuals need to share their gifts with the rest of the community. It is relatively easy to build this kind of community in local areas, where we see each other often and our focus is to find ways to share AVP with those around us.

Building community on a national level is more difficult. Doing workshops outside your local area when the opportunity arises can help. Attending national Board meetings

AROUND AVP

Letter to AVPers *continued*

is another way. Enabling someone else to attend, and getting full reports from your representatives helps too.

The Leadership team has made a commitment to communicate with you on a regular basis, to give you advanced notice of agenda items for Board meetings and to be responsive to your concerns.

In return, we are asking you to share your questions and concerns with Board members and the Leadership Team. Following is a list of which Leadership Team member can give you the information you seek, and how you can bring the whole community your suggestions for change.

AVP-USA faces many challenges in the coming months. With your help, and using the principles of Transforming Power, we expect to find creative, win-win solutions.

In peace,

AVP-USA Leadership Team

Deborah Wood, Chair
 Rick Krouskop, Vice-Chair
 Henry Bernstein, Recording Secretary
 Donn Williams, Acting Corresponding Secretary
 Winston "Toby" Riley III, Treasurer
 Marjorie Kerr, Executive Director

Assistance Directory

AVP-USA's Leadership Team has pledged to be accessible to all facilitators this year. Those without addresses and phone numbers can be reached through the national office.

Marjorie Kerr, Executive Director:

Publications/Publication sales, organizational activities - c/o AVP-USA, P.O. Box 300431, Houston TX 77230-0431; Phone/Fax 713-747-9999; e-mail: avpusa@aol.com

Debby Wood, Chair:

Organizational policy, Leadership Team responsibilities and functioning, general organizational questions - Fax: c/o Fred Feucht - 914-769-5005; No e-mail address as yet.

Rick Krouskop, Vice-chair:

Committee activity (Nominations, Finance & Fundraising, Personnel, Education, Publications, Outreach, Conference) Executive Director Liaison- AVP-Ark-La-Tex, P.O. Box 4223, Shreveport, LA 71134-0223; Phone: 318-797-1412; Fax: 318-675-4660; e-mail: 73577.1244@compuserve.com

Toby Riley, Treasurer:

Financial matters - 721 Park Avenue, Plainfield, NJ 07060; 908-757-1234; e-mail njpeace@igc.apc.org

Henry Bernstein, Recording Secretary:

minutes, agenda items- Fax: 318-676-5703; e-mail: hmbsport@aol.com

Donn Williams, Acting Corresponding

Secretary: Types of mail inquiries, correspondence- e-mail: donnw@juno.com

Needs and Wants For AVP-USA From July's Meetings

Here are a few of the needs and wants brainstormed by participants at the Annual Meeting during the International Conference:

- Integrity, standards of operation and quality control for the entire organization.
 - Excellent educational materials.
 - A classless organization run by people of all races.
 - Annual activity and effectiveness statistics to help in local fundraising efforts.
 - AVP-USA not dominant over other levels of AVP.
-

AROUND AVP

Fundraising Committee

by Kaki Sjogren, AVP-USA Fundraising Committee

Financially, 95-96 was difficult. We finished the year in debt, and our funds were depleted to the point where we could no longer pay our Executive Director; she has been volunteering her time for the last two months. Board and committee members now perform some of her former tasks.

At the AVP-USA Board meeting held during the International Conference, attendees applied the Six Point Problem Solving process to the matter of "adequately funding the national organization while balancing the interests of locals and individuals." AVPers who were there made a commitment to support AVP-USA financially. As a result, we were able to pay Marjorie for July and August. We can now publish and distribute this issue of the Transformer while meeting most of our financial obligations... as long as we do not pay Marjorie.

The budget adopted for 96-97 totals \$135,800 - truly ambitious! Some will come from in-kind donations, some from publication sales, but the bulk will need to be raised. We are actively seeking grants for a portion of it, but support from individuals and local groups is essential if we are to realize our goal.

During our sessions in Hamilton, we brainstormed more than 100 fundraising ideas, which were evaluated for feasibility. Some significant ones were: asking individuals to pledge an annual contribution equal to \$1 for every \$1,000 of their income; having locals give 10% to 25% of their undesignated funds to national; raising community workshop fees by \$5 or \$10 per person, and donating

that amount to AVP-USA; and adopting the Canadian model of allocating local funds at 50% for the local, 25% for their region and 25% to national. Perhaps you have a special talent that could generate extra income you would be willing to earmark for AVP-USA.

This issue of the Transformer marks the kick-off of our "Building AVP Community Campaign," which rests on the 12th Guide to Transforming Power: "Build a community based on honesty, respect and caring." One important component of this is establishing a sound financial base. Another is to network with individual facilitators and local groups, providing whatever support you need.

Although she is on volunteer status, Marjorie has continued to ship manuals, spends generous amounts of her time on the phone to answer questions, give information and offer her wisdom to all who call. We are grateful that she has been willing to continue these vital services, but we know she will not be able to do so much longer. With your help, we should be able to put her back on the payroll sooner rather than later.

We plan to keep you posted through future issues of the Transformer about our campaign progress.

Hot news item!!!

South Central Challenge

South Central, at its Regional Retreat in early October, received a commitment from 100% of the locals to donate 10% of their gross income to AVP-USA. South Central challenges all other regions to do the same!

AVP FORUM

A New Light & Lively/Exercise...

Hand Dance *by Larry Geller*

Purpose: To explore the fluidity between leading and following. It explores touch and can be great fun!

Time: Eight minutes as a light and lively or ten to fifteen minutes as an exercise.

Materials: None

Sequence:

1. Explain that we will try a simple experiment together to see where it will take us.
2. There must be an even number of people. Adjust by adding or subtracting a facilitator.
3. Ask everyone to mill around silently, looking at each person as they pass by. Now, in silence, please select someone as a partner you don't know well, or perhaps someone you have not worked with.
4. Ask each pair to raise one hand on the same side and touch all five fingers and the palm together. Say, "There is only one rule to this exercise: you must keep all five fingers touching, and if possible, the heel of the palm. There are no other rules except you must be silent. You'll have about four minutes." Some may find it more comfortable to close their eyes. Unless everyone stands around frozen (unlikely), the discovery process is valuable.
5. The hand dance will begin on its own. It is important to let each pair experiment and do the exercise as they wish. Not only are no two people alike, but no two people will interact exactly the same way.
6. At the end of the announced time (with adjustment if you feel like it), say, "Time to slow down now. Slow down and come to a natural stopping place and hold that position... OK now, still silently, find a way to separate from your partner. Silently say goodbye, and start milling around again."
7. "Look again at each person passing by. This time, try to find a partner you know quite well, or someone you have done an exercise with one or two times. When you find that person, just stand together for a moment. Anyone without a partner, please raise your hand."
8. Repeat the rule: ask each pair to raise one hand on the same side and touch all five fingers and palm together. Tell them they have about four minutes.
9. At the end of the time, ask them to slow down and gradually come to a natural stopping place, saying, "Hold that position... OK now, silently, find a way to separate from your partner, say goodbye, and return to your seat in the circle."

Processing Questions:

Did it take time to learn?

What was it like for you?

Does anyone want to say anything about their own experience?

What was it like for you as a leader and as a follower?

Did the roles change often or did one consistently lead and the other follow?

How did you communicate with each other?

AVP FORUM

How well did you work as a team?

Where there any problems?

Did your partner "make" you do anything you really didn't want to do?

Was it different with someone you knew? If so, how?

How does this experience relate to your life?

How does this relate to alternatives to violence?

A New Light & Lively... **Where're You Goin'?**

At the International Conference, the facilitators from Hungary brought the gift of a funny, new light and lively. It is very active and gets people moving. It is a little like the "What Ya Doin'?" light and lively.

Ask the group to stand in a circle to start the game.

The first person to the right of the leader asks, "Where're you goin'?" The leader replies, "I'm goin' to buy a hat" and makes a circle around his head with his right hand. Then the person second to the right repeats, "where're you goin'?" and the person to the left replies "I'm goin' to buy a hat" and also makes a circle around his head. Thus, the message is passed around the circle, and everyone continues the motion of circling their heads.

After everyone in the circle is circling their heads, a second motion is added:

The leader is asked, "where're you goin'?" and the leader replies, "I'm goin' to buy an ice cream", cups his left hand and puts it to his mouth and makes a licking motion with his tongue. This motion is passed around the circle so everyone is both circling their heads and making a licking motion.

A third motion is added as follows:

When the leader is asked, "Where're you goin'?" the leader replies, "I'm goin' to play soccer" and makes a kicking motion with his right foot. This motion is passed around the circle so everyone is circling their heads, making a licking motion and making a kicking motion.

A fourth motion is added as follows:

When the leader is asked, "Where're you goin'?" the leader replies, "I'm goin' to buy a hula hoop" and makes a rotating motion with his hips. This motion is passed around the circle so everyone is circling their heads, making a licking motion, making a kicking motion, and rotating their hips.

At this point, the light and lively ends and everyone collapses with relief and laughter.

If the circle is larger than around 12 people, some may experience fatigue, particularly from the hat motion. You may wish to modify the exercise with larger groups.

These Light & Livlies have not yet been reviewed by the Education Committee. If you have suggestions or comments, please send them to Grace McGrath at the AVP-USA office.

WHAT'S NEW IN AVP

Changing the Culture of Violence...

The Sing Sing Peace Initiative

from Sing Sing Prison

On Christmas Eve, 1995 an inmate "shanked" another guy. "The guy was stabbed for a silly reason" explained AVP Trainer, Ernest Henry. "The guy was killed for wearing a cross, although the word in 'population' was that the guy didn't subscribe to Christian beliefs." To a man, this affected everyone in the prison.

As the result of this incident, the inside facilitators decided that they needed to do more than conducting workshops and handing out certificates. They had to reach out to every of the more than 2,300 inmates in the institution and work to change the culture of violence in the place where they lived.

"Peace is a nice idea, but inmates are accustomed to being tough," says organizer, Johnny Yuen. "They feel they have to be this way. Looking weak invites confrontation. It goes from emotion to blind rage... and violent, knee-jerk reactions can 'take you down'."

"Every man has what I call a yard eye and a cell eye," says another organizer, Tee Hayward. "A guy in his cell may be OK, but when he goes out in the yard he gives off a vibe: 'I don't have any problems.' They don't let their guard down. They don't come to know each other. Not seeing the humanity in each other makes it easier to hurt each other."

The Peace Initiative was launched on Mother's Day and ran through Independence Day. The goal was: "60 Days of Peace;" the message was simple, "Think before you act."

To get this message across, more than 30 peace posters were placed around the institu-

tion. Flyers were distributed which asked the question "Can we get along for 60 days? Can we respect each other for 60 days?"

Publicity included videos also. At Sing Sing, before movies are shown for the general population in the auditorium, there is a 12 to 15 minute video produced by inmates called the "Video Newsletter" telling what's happening in the institution. AVP trainers used two or three minute segments to tell everyone about the Peace Initiative and produced "commercials" on non-violence.

The personal touch was also important. Facilitator Tee Hayward made the rounds of the yard talking to gang members about the Peace Initiative. On of the prison officials asked him, "Are you out of your mind?" Hayward says, "Gangs are part of prison life and they can do good things as well as bad."

Inmates were also asked to sign a Peace Pledge for 60 days. An AVP leader on each gallery took responsibility to speak to men on the unit. The Peace Pledge was as follows:

1. I _____ pledge to think twice before acting once.
 2. I pledge to think how my fellow brothers and sisters, no matter what color, age or position, would feel if I insult them.
 3. I pledge to find an alternative way to control my anger and not take it out on anyone else.
 4. I pledge to speak to someone I trust if I have a problem.
 5. I pledge to carry the word of peace to at least one other person.
-

WHAT'S NEW IN AVP

This pledge was signed by 431 inmates at Sing Sing. As Darrin Ferguson said "The mission wasn't so much to get signatures but to raise consciousness and discussion."

The AVP leaders knew it was important to get wives, children and families involved too. Part of the program focused on the visiting room. Adults were given a white ribbon to wear as a symbol of the Peace Initiative. Children were invited to create a "Peace Mural" on long rolls of paper. Visitors were asked to trace their hands on the mural and then write a message within the outline. One little girl, who wrote a scribble because she did not yet know her alphabet, insisted that her message translated into "peace," recalls Tee Haywood. "What really touched me, was she didn't know how to write the words, but knew the message."

Completed sections of the "Peace Mural" were posted within the prison, in the school building, in the mess halls and other places. There was a fear that the murals would become covered with graffiti once they came into the prison. Instead, they became "sacred ground" and inmates added their own messages of peace.

Did the program make a difference?

"I work in the kitchens," explains Michael Fisnar. "On guy put a garbage can next to the food. Another guy was annoyed. I could tell they were about to fight Then another guy stepped in to calm them both down." Michael doubts that this would have happened prior to the talk generated by the Peace Initiative.

Helping new AVP groups...

The Outreach Committee

The purpose of the Outreach Committee is to support and monitor the development of new AVP programs in the US, and to provide information about AVP to other organizations, conferences and the general public.

In September 1995, the Outreach committee developed guidelines for support and guidance of new groups by an established AVP group that has accepted the responsibility of being a "mentor." The process is summarized below:

The mentoring group will work with the new group to write a mentoring plan, and then gather the necessary training resources within their AVP region. The plan will identify the AVP groups who have agreed to provide trainers to lead the first workshops in the new area.

The mentoring group is responsible for maintaining contact with the new group to assist with questions, suggestions, and assess their progress toward establishment of a functioning and self-supporting local AVP group.

The Organizing Kit can be ordered from AVP-USA, and has specific information about starting and maintaining a local group.

Questions about the work of the Outreach Committee should be addressed to Helen Taylor Crisp at New Foundations, P.O. Box 18030, Denver, CO 89218-1413.

AROUND AVP

Winter 97 Board Meeting

The next AVP-USA Board meeting will be held in Plainfield, NJ at the Friends Meeting House during President's Day weekend, February 14-17, 1997. Plainfield, about 25 miles west of New York City, is easily accessible by car, and transportation will be worked out from Newark Airport and railroad stations.

Prior to the Board meeting at the same location, on Thursday and Friday, February 13 and 14, John Shuford and Marjorie Kerr will conduct a mediation training for interested facilitators. The cost will be \$135, and will include a training manual. Pre-registration by January 15 is requested. Note: this is not an AVP program, although it is being offered to AVP facilitators.

Friday evening and Saturday morning, committee meetings will be scheduled. Committee chairs are asked to contact Rick as to which time they would prefer.

Friday afternoon and evening and Saturday morning will feature a series of mini-workshops. Anyone willing to lead one of these sessions should contact Debby Wood.

On Saturday afternoon, time will be set aside for facilitated discussion of issues. Some that have been raised are: quality control, especially number of workshop hours leading to a certificate; and payment of facilitators for community, school and other "outside" workshops. Are other issues more important to your group? Let Marjorie know your concerns. Discussion topics will be decided by those who attend, not in advance. We hope to make tapes of the discussion available afterwards. The cost of the weekend for Board

members will be \$100, which includes a \$50 travel pool donation. For others, the cost will be \$60. The increase will help cover some of the administrative costs that have previously not been considered.

Registration materials will be sent to Board members and regional contacts in advance of the meeting. However, if you would like to attend any of these events and are not sure you would be notified, please contact Marjorie to be sure you are on the mailing list.

We propose amending the by-laws as follows: (additional wording underlined)

Article VI, 2. Standing Nominating Committee: This committee shall nominate members-at-large and officers to the Board of Directors.

Article III.1, last paragraph: These officers and such other officers as the Board of Directors shall deem necessary shall be nominated by the Standing Nominating Committee and appointed by the Board of Directors.

Other suggested agenda items should be sent to Henry Bernstein. A list of agenda items will be sent out with the registration packet.

We hope you will be able to join us, and will be looking for feedback as to whether this new format meets your needs.

A note from the Clerk of Rahway-Plainfield Monthly Friends Meeting, Robert S. Pritchett, informs us that the meeting has approved the invitation to the AVP-USA Board Meeting and will gladly welcome AVP members in February, 1997.

AROUND AVP

Education Committee News

by Grace McGrath

The AVP-USA Education Committee published the long awaited Supplement to the Basic and Advanced Manuals. A large volume of material was sent out for review and testing. The feedback was then compiled and sent to all education committee members for editing. Since the entire committee rarely meets face to face, coming to consensus with ten people who live in every corner of the continental US was a daunting task. Fortunately, committee members approached their mission in a spirit of cooperation.

The 240 page manual contains 48 new exercises, 12 new light and livelies as well as a wealth of information about role plays, talks etc. The manual may be ordered from the AVP-USA office in Houston for \$10 plus shipping and handling.

At our annual meeting in Hamilton Ontario in July, the committee members agreed to make a Youth Supplement our next major project. Exercises designed or revised for use with youth have been sent out for testing around the world. When we have received feedback, these exercises will be edited and published. If you have youth exercises, please sent them to Grace McGrath, c/o the AVP-USA office in Houston. We hope to publish a Youth Supplement by the summer of '97 which can be used in conjunction with the Basic and Advanced manuals.

In addition, the committee has a long term goal of revising and updating the Basic Manual. Suggestions and feedback on this task are welcome and may be sent to AVP-USA, P.O. Box 300431, Houston TX 77230-0431.

AVP Christmas Cards

Give a donation of AVP for Christmas. The beautiful hand-made cards on elegant stock carry an inside message, "A donation in your name has ben made to the Alternatives to Violence Project." The minimum donation is \$10.00 per card. Contact the national office at 713-747-999 to order.



Missing T-Shirts

After the International Conference, about 100 T-shirts were taken on consignment by individuals to be sold at \$12 apiece for the benefit of AVP-USA. Some money has ben received, but not anywhere near the total amount.

These T-shirts were created by AVP-Ark-La-Tex, and they generously donated a number of them to AVP-USA to help us raise funds.

They are a rich burgundy color with the AVP logo and a message "Create community, not conflict" – a welcome addition to any facilitator's wardrobe!

If you can account for any of these T-shirts, sold or unsold – please contact Marjorie Kerr at the national office: 713-747-9999.

Articles inside...

Two New Light & Livelies

Report from International Conference

Sing Sing Peace Initiative

AVP Publications

Basic Manual \$7.50

Advanced Manual \$10.00

Training for Trainers Manual \$10.00

Supplement to Basic &

Advanced Manuals \$10.00

AVP Brochures \$15.00 per 100

To order:

Send your order to the AVP-USA office:
 Alternatives to Violence Project-USA
 P.O. Box 300431
 Houston, TX 77230-0431

Transformer Editor: Fred Feucht

Facilitator Mailing List: Janet Lugo

The Transformer is published quarterly. Individual subscriptions are \$15.00 per year and group subscriptions (4 or more people) are \$10.00 per year. Please make out your check to AVP and send subscriptions to: Fred Feucht, 88 Mountain Road, Pleasantville, NY 10570.

Please send any address changes to Janet Lugo at:: 46 Main Street,9, Mechanicsville, NY 12118

Subscription Form

Name _____

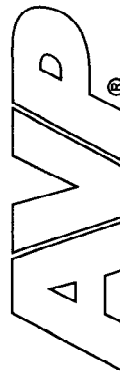
Street _____

City _____ State _____ Zip _____

Individual Subscription Trainer

Scholarship Subscription Lead Trainer

Non-Profit Organization
 U.S. Postage
PAID
 Purchase, NY 10577
 Permit No. 4



ALTERNATIVES TO VIOLENCE PROJECT-USA
 Purchase Friends Meetinghouse
 Purchase and Lake Streets
 Purchase, NY 10577

Address Correction Requested