

Alternatives to Violence Newsletter

the TRANSFORMER

for AVP Workshop Leaders
October-November-December 1991

AROUND AVP

AVP NEW YORK ANNUAL MEETING

25 AVPers gathered at the Epworth Conference Center in High Falls, NY on September 14 and 15 to discuss new ideas, plans and policies for 1992.

The meeting included special guests from Canada and the New York Department of Corrections. A special Prison Program Expansion Committee was set up to be responsible for organizing workshops for ten new prisons in Northern New York. See articles on these topics inside.

Ways of promoting greater diversity within AVP was a topic of personal examination and discussion. There was a very lively discussion re-examining the policy on payment of AVP trainers for conducting

workshops. A special article on page 4 describes the important issues involved.

Officers for 1992 were appointed. Debby Wood has accepted the post of President of the Board. Florence McNeil is the new Recording Clerk for the Statewide Council. Rere Hassett will continue as Statistical Clerk. Jim Richards will continue as the Treasurer. Richard Cunningham was appointed as a new board member joining Steve Angell, Vicki Cooley and Larry Apsey who began their terms in July.

Fred Feucht and Rudy Cypser have completed their terms as President and Clerk of the Statewide Council respectively. So far, no replacement has been found for the Clerk of the Statewide Council.

FACES IN AVP



Debby Wood
New President of the Board

Rudy Cypser
Retiring Clerk
Statewide Council



Florence McNeil
New Recording Clerk
Statewide Council

Carmel Kussman



AROUND AVP

FACES IN AVP

Mary Gray Legg



*Jim Richards
Treasurer*



Ellen Flanders

HEART WARMING

by Positive Pierre

The world has many happy folks
Who smile every day they live,
Because they know that happiness
Depends on what you give.

For a giving man is different from his
Neighbors in the pod.
When his thoughts are of his brothers
Then He's closest to his God.

And the spark of love he kindles
In a breast where hope has died,
Sheds a warmth that's like no other
For it feels so good inside.

And every time he gives a bit
He adds a little part,
To that something deep within him
That poets call a heart.

*Positive Pierre is an inmate in the
California Correctional System.*

FUTURE GROUP... An AVP Program for Ex-Inmates

Ath the Annual Meeting, Jay Lieske reported on plans for an ex-inmate support group which will be called the FUTURE Group. F.U.T.U.R.E. Stands for Focus on Total Utilization of Resources and Energies. The name was chosen to create a sense of optimism and to place an emphasis on the future rather than the past. It is also designed to avoid labeling members as "ex-inmates" or "people in need of support."

Jay has many ideas about the work the FUTURE Group can accomplish and how members can help each other. He would like to know who is interested in joining the group and would appreciate input from others.

The first FUTURE Groups meetings will be in New York City. This group will help to continue the community of AVP inside trainers after release. Jay has been in contact with some of the AVP Trainers who are on parole but needs the names and addresses of many more. Inside and outside coordinators especially may have names of people who might be interested.

If you would like to get involved in this group or if you have the name of someone who might be interested, please call or write to Jay at the AVP Office:

Jay Lieske, FUTURE Group
Alternatives to Violence Project
15 Rutherford Place
New York, NY 10003

Phone: 212 477-1067

AROUND AVP

SPECIAL GUEST: FRANK CHIAPPERINO

One of the special guests at the AVP New York Annual Meeting was Frank Chiapperino, a program administrator at Shwangunk Correctional Facility. Frank has also taken the AVP training.

He stated that, from the viewpoint of the Department of Correctional Services, the AVP program is exceptional. Not only is it provided free of cost, it is more highly regarded by both the administration and inmates than programs that have been provided by paid staff. He wanted to let AVP trainers know that they can be very proud of the program which they offer. And he would also like to see the program offered at every prison within the state.

Frank also described the many difficulties and hassles that staff administrators encounter in trying to make the AVP workshop program run smoothly within the inflexible and frustrating prison bureaucracy. He said that it was vital for AVP prison coordinators to meet with and maintain good relations with the staff contacts.

He believes that administrators cannot do a good job unless they understand the program and the most important thing AVP can do is to encourage the staff contact people to take the training. He says that taking the training has made a world of difference for him. It is his suggestion that the staff contact people be invited to attend community workshops and even suggested that a special AVP workshop for administrators be scheduled in the New York Correctional Academy in Albany. Perhaps prison coordinators can invite their staff contact person to attend the next community workshop.

SPECIAL GUEST: BILL McMECHAN

Another special guest at the AVP New York Annual Meeting was Bill McMechan, the AVP Coordinator for Eastern Canada. He brought greetings from AVP Canada and told about the successful program of prison workshops that have been held in Ontario for more than a year.

As an example of the program, he introduced a dramatic videotape on AVP shot at the Warkworth Prison near Toronto. This thirty minute program, produced by Canadian Broadcasting Company, was shown nationally in Canada on prime time TV last spring. There has been an unprecedented response to AVP in Canada and requests for the AVP program are pouring in from prisons throughout the region. However, the expansion of the program is hampered by the fact that, so far, AVP Canada has only three lead trainers.

Bill McMechan made a special plea for trainers to come to Canada to help conduct workshops and expand the program. Lead trainers are especially needed. New York Trainers who have traveled to Canada to conduct workshops in the past attested to the splendid hospitality offered.

A list of workshops scheduled in the next few months is below. If you would like to help with the Canadian program, please call Bill McMechan at the number listed in the AVP Trainers Directory. Help from Western New York is especially encouraged.

Nov 15-17 Toronto (C)	Basic
Nov 22-24 Warkworth (P)	Basic
Dec 6-8 Warkworth (P)	Adv

P-Prison C-Community

Workshops are also scheduled for 1992.

AROUND AVP

NEW YORK AVP RE-EXAMINES POLICY ON PAYMENT OF TRAINERS

As you know, AVP New York has a policy that all trainers are to be volunteers and are only to be reimbursed for workshop expenses. However, trainers or other individuals may be paid for doing administrative work. Although New York staff members lead many workshops, they do so as volunteers and are paid only for their administrative work. Several situations have come up recently that have caused us to re-examine this policy.

AVP has long had a goal of reaching youth with the message of non-violence. AVP workshops are now being successfully conducted in the elementary schools in Syracuse, New York. The workshops are led by an AFSC staff member, Erik Wissa. (See the last issue of the Transformer for details.) However, he conducts the workshops during working hours and is thus compensated for leading workshops. This led to a lengthy discussion at the AVP New York Annual Meeting in September. Although there was consensus that we heartily applaud and encourage his efforts, there was no consensus on his being paid for leading workshops. As a result, AFSC in Syracuse has decided not to use the AVP name in connection with the school workshops.

In addition, AVP has a goal of reducing violence in our society. The new mayor of Washington D.C., Sharon Pratt Dixon, has established "Reducing violence on the streets" as her number one priority. As a result, Lee Stern and AVP Maryland have been asked by officials in Washington to start a program would be designed to reach

every inmate in their 16 correctional institutions. In addition, the program will train correctional staff members in more creative ways of dealing with inmates. This massive program can not be undertaken with the small group of volunteers in Maryland and will require the use of one or more paid lead facilitators to administer the program as well as lead workshops.

How can AVP take advantage of these opportunities and at the same time maintain the integrity of its workshops? Two methods of handling this issue are suggested:

1. Set up separate organizations that offer "Transforming Power" workshops using paid facilitators.
2. Define circumstances or conditions in which AVP Trainers may be paid for conducting workshops.

Some of the comments at the annual meeting were: There is a certain dedication on the part of our trainers because they are volunteers and I don't think we want trainers that are just doing workshops "because it is their job." Trainers have a credibility with, and respect from, prison inmates because they are not paid. We also need to recognize that the rapid growth of the AVP program would not have been possible if we relied entirely on paid leaders and required the massive fundraising efforts to support a large paid staff.

If some of our trainers are paid, it is inevitable that there will be workshop teams where one member is paid and others are volunteers. *Continued on next page*

AROUND AVP

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It is only natural to expect that this may cause resentment and upset on the part of the volunteers who are not being paid to lead the workshop. The risk of alienating our volunteer trainers is a serious consideration.

If trainers are to be compensated monetarily, in any way, for leading workshops, the conditions for that situation that need to be very carefully and clearly defined. We need dialogue within AVP New York as well as with AVP groups across the country on this matter. Further discussion of this topic will be on the agenda of the next Statewide Council Meeting.

FOUNDATION GRANT SUBCOMMITTEE FORMED

There is a consistent need for funding of AVP programs through foundation grants and future growth of is dependent on a more systematic preparation of grant proposals.

The Statewide Council has established a Foundation Grant Subcommittee. This will be a subcommittee of the Finance and Development Committee and will report to the Board of Directors. Steve Angell will provide contact with the Board.

This committee will focus on obtaining grants for special projects and programs such as: the National Organization, the Spanish Manual, the Youth Program, Parolees Program, etc.

If you would like to serve on this committee, contact Steve Angell.

PRISON PROGRAM EXPANSION COMMITTEE FORMED

One important decision at the New York Annual Meeting was to form a Prison Program Expansion Committee. This committee is to meet the needs of a dozen prisons in the northern tier of New York State. The prisons that have requested the program are:

Altona	Lyon Mountain
Bare Hill	Malone
Chateaugay	Ogdensburg
Camp Gabriels	Camp Pharaslia
Camp Georgetown	Riverview
Governor	Cape Vincent

The Statewide Council approved a goal to establish the AVP program in these prisons in the next two years. The committee will be responsible for establishing dialog with prison officials, community recruitment and appointment of prison coordinators. In addition, the committee will recommend the establishment of new area councils.

John Blanchard, of Watertown, New York, has agreed to serve as chairman of this committee. Seven of the new prisons are within 100 miles of Watertown. Janet Lugo and Arden Blunt have joined the committee and at least four additional members are needed to help with this exciting project.

In addition, 10 experienced trainers are needed to conduct prison and community workshops in the St. Lawrence Valley and Plattsburgh areas. A budget has been established by AVP New York to pay the travel costs for trainers. Please call John Blanchard if you would like to help bring the AVP program to the thousands of inmates incarcerated in the northern tier.

WHAT'S NEW IN AVP

AVP SUPPORT GROUPS

by Hal Brody and Leeann Irwin

Many AVP trainers have felt that long term support groups are needed for AVP workshop graduates to help them put the insights they have gained to work in their daily lives.

To meet this need, two support groups for AVP graduates have begun. One at Donovan Correctional Facility in Southern California and the other at Collins II Correctional Facility in Western New York.

Support groups were approved by the administration of Donovan Correctional Facility beginning in August. Since Donovan is such a huge facility (17,000 men) three meetings will be held each month in the visiting rooms for different prison sections.

The support groups for AVP West have been initiated by Aylene MacMichael, an AVP trainer and a Program Specialist in Special Education working for the County of San Diego. Based on her extensive experience, she suggested that the intensive and interactive three-day workshops are an excellent first step for those that want to change pat-

terns of their lives. But, for the new behavior to become "internalized," students need reinforcement regularly, over a period of many months. The new responses can become as natural and automatic as the old ones.

The support meetings will use the same format as regular workshops but on a "mini" scale, focusing on building community, sharing experiences and reinforcing behavior. The two hour sessions are held on the first three Tuesday evenings of the month.

Starting on September 21, The Niagara Frontier Area Council has held monthly Saturday sessions at Collins II which are open to all AVP graduates. The inside and outside coordinators, Rich Herrin and Charlotte Franz, have made a commitment to lead the two hour sessions held on the third Saturday of the month. Outside visitors are welcome.

Perhaps this approach can serve as a model for other prison support groups.

TEACHER RECHARGER

by Bob Avstreich

Are there teachers within 120 miles of New York City who are using AVP and other conflict resolution techniques in their own classrooms?

This year I was blessed (I really mean it) with a class of fifth graders whom last year's teacher describes as "the class from Hell." I've devoted the first two weeks of school to combining AVP with the Conflict Resolution Activity Book from the San Francisco Community Board. I'd be more than happy

to host a once-a-month sharing time to provide teachers with the opportunity to brainstorm and support our efforts.

Are there others who often feel they stand between dysfunctional families and dysfunctional systems? The meeting would be nuts-and-bolts useful, not philosophical or political, a chance to turn each other on to the things we can do. Call or write Bob Avstreich at the address listed in the AVP Trainers Directory.

 AVP FORUM



IS CHILD ABUSE THE SOURCE OF ALL VIOLENCE?

A book review by Fran Salant

The ideas in a book by the Swiss psychiatrist, Alice Miller, have stopped me in my tracks. She is totally convinced that all violence in this world, violent acts by individuals and groups, can be traced back to childhood incidents where a situation occurred in which a child was badly hurt, whether by humiliating words or by physical force, and the child was unable to vent his rage at the hurt. He or she had to internalize that rage and carry it around until the day arrived, many years later, when he or she could turn on someone else and discharge it. Very often the person on whom the "delayed" anger was subconsciously vented was the child of the original victim. Thus a chain effect commenced, from one generation to the next.

Perhaps this sounds too simple, Alice Miller, in her book *For Your Own Good, Hidden cruelty in child rearing*, and the roots of violence, documents her thesis with three detailed case studies replete with incidents of devastating cruelty. One of these studies is the childhood and development of Adolph Hitler. Miller reasons that Hitler became the all time ogre of documented history because of the unspeakable cruelties done to him as a tiny child, and because in his childhood

environment there was no one to whom he could turn to tell his unbearable story.

Is this indeed a pattern, as Alice Miller is convinced? If it is, then what must we do as members of a caring society to break this pattern of violence reared in small children?

Miller refers often to the Fourth Commandment, "Honor thy father and thy Mother..." but suggests we will look in vain for one which says "Honor thy children."

Many, many people, perhaps all, have been subjected, as small children, to the pain and humiliation for abuse whether physical or not. They have been made to feel powerless – and usually are. If this were not built into the childhood experience of so many individuals, would our world be less violent? The ideas in this book provide much food for thought. It is unfortunate that the writing is ungraceful. The form is ornately Germanic; perhaps the translator is responsible.

However, all of us concerned with violence, and with alternatives to it, must give this book and its thesis careful attention.

Published by Noonday Press (Farrar-Straus-Giroux) \$10.00, soft cover.

WHAT'S NEW IN AVP

PROGRESS REPORT ON THE AVP NATIONAL ORGANIZATION

AVP groups across the country are moving toward agreement on the form of a national organization. Nine AVP groups responded to a Working Paper and Questionnaire on the National Organization. The results are as follows:

FEEDBACK FROM AVP GROUPS

1. There was general agreement from all that responded that the national organization should be a not for profit corporation (501 C-3) and should not be an informal association.
2. In regard to funding for the national organization, most AVP Groups find that they are in such need of funds for their local program that they have little to spare to support a national organization. Therefore, groups believe that the national organization will need to be largely self supporting.
3. Most groups recommend that the goals of the national organization should be not only to respond to the needs of member groups, but also to actively promote the growth and expansion of AVP nationally and internationally.
4. Some of the services that most AVP Groups would like to see the National AVP Organization provide are listed below. This is just a preliminary guide since the goals of the national organization will be set by the board and representatives from across the country.

Responding to inquiries about AVP from new geographic areas and organizing workshop teams to meet needs in new areas. (8)

Fundraising to provide support for the National AVP Organization. (8)

Publication of a national newsletter. (7)

Maintaining program quality standards and administration of the AVP licensing agreement. (6)

Developing training manuals, organizational handbooks and new program topics and themes. (6)

Assuming sole responsibility for obtaining national foundation grants. (5)

Organizing national and regional AVP conferences. (4)

5. In terms of staff requirements, most groups felt it might be wise to start out with a part time staff person but plan for a full time director in two or three years.

6. In the area of representation and governance, two thirds of the groups would like to see the formation of regional AVP groups which would meet several times a year to coordinate efforts. The regional groups might send representatives to the national board. Perhaps there needs to be more discussion on the feasibility of this approach and how regional groups might work. The Maryland, Delaware and Virginia AVP groups might serve as a model.

7. In regard to affiliation with a sponsoring organization such as AFSC, or FGC, most AVP Groups would prefer that the National AVP Organization be independent.

Continued on next page

WHAT'S NEW IN AVP

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Perhaps an independent corporation can be set up and the issue of affiliation can be considered by the National AVP Board once it is formed.

SETTING UP THE NATIONAL ORGANIZATION

Setting up the national organization involves two steps:

1. Incorporation in the state of our choice.
2. Application for tax exempt status with the U.S. Internal Revenue Service.

Perhaps the best strategy may be to set up a the simplest possible organizational structure that will serve as a 501 C-3 corporation. This will permit the board of the national organization work out the mission, goals, services, staff, and structural details. This may take some serious discussion in a face to face meeting. If the basic corporate structure is in place, perhaps AVP Groups can focus on these issues at the international conference in September 1992.

WORKSHOP LEADERS NEEDED FOR 1992

More than 160 workshops have already been planned for 1992 and this schedule covers less than half of the of the prisons served by AVP. Please look over the workshop list on the next two pages. Workshop leaders are urgently needed to staff this ambitious program for 1992.

To sign up for a workshop, just call the coordinator for the facility at the phone number listed in the AVP Directory of Trainers.

COMMUNITY WORKSHOPS SCHEDULED

Perhaps you have friends who would like to get involved in the AVP program. A number of community workshops are being offered in New York this winter. Please urge your friends to register. Addresses and phone numbers for the registrars are listed in the AVP Directory.

BASIC WORKSHOPS

DATE	PLACE	REGISTRAR
Nov 15-17	Basic, NY	Sheehan
Nov 22-24	Perry City, NY	Hassett
Feb 14-16	Buffalo, NY	Mang
Mar 13-15	Rochester, NY	Anderson
Apr 17-19	Middlebury, VT	McGrath
Jun 19-21	Rochester, NY	Anderson

TRAINING FOR TRAINERS

DATE	PLACE	REGISTRAR
Nov 8-10	Purchase, NY	Feucht
Nov 15-17	Albany, NY	Kautz
Jan 17-19	Rochester, NY	Anderson

Prison workshops are offered nearly every weekend of the year and outside participants are usually welcome. If you would like to attend a prison workshop near you, the New York Office can tell you who to contact.

1991 AVP NEW YORK WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	AC	COORDINATOR	LEADERS
Nov 1-3	Sullivan	Basic	C	Sheehan	??
Nov 1-3	Collins II	Basic	NF	Mang	Herrin & ?
Nov 1-3	Buffalo (C)	Basic	NF	Mang	Dziedkonski & ?
Nov 8-10	Purchase (C)	T/T	WF	Feucht	Feucht Delahanty Pagel
Nov 8-10	Eastern	Basic	C	Sheehan	??
Nov 8-10	Collins	Basic	NF	Mang	??
Nov 9-10	Camp Beacon	Basic	MH	Fritz	??
Nov 8-10	Groveland	Basic	GV	McEvoy	Halley Straub
Nov 8-10	Groveland	Basic	GV	McEvoy	Kellye McEvoy
Nov 8-10	Green	Basic	A	Beetle	Beetle & ?
Nov 8-10	Green	Basic	A	Beetle	??
Nov 15-17	Delhi (C)	Basic	C	Sheehan	Sheehan & ?
Nov 15-17	Albany (C)	T/T	A	Kautz	Beetle Saxton
Nov 15-17	Sing Sing Hill	T/T	WF	Feucht	Feucht MacBain
Nov 15-17	Sing Sing Tappan	T/T	WF	Feucht	B.&D.Wood
Nov 15-17	Fishkill	Basic	MH	Grunebaum	??
Nov 15-17	Fishkill	Adv	MH	Grunebaum	??
Nov 15-17	Washington	T/T	A	McGrath	McGrath & ?
Nov 22-24	Eastern	Basic	C	Sheehan	??
Nov 22-24	Greenhaven	Basic	MH	Doumbe	Doumbe & ?
Nov 22-24	Greenhaven	Basic	MH	Doumbe	Neddermeyer & ?
Nov 22-24	Perry City (C)	Basic	PC	Hassett	??
Nov 22-24	Eastern	Basic	C	Sheehan	??
Nov 28-Dec 1	Shawangunk	Basic	MH	Legg	??
Dec 6-8	Sing Sing Hill	Basic	WF	Feucht	??
Dec 6-8	Sing Sing Tappan	Basic	WF	Feucht	??
Dec 6-8	Taconic	Basic	WF	B.Cypser	B.Cypser & ?
Dec 6-8	Sullivan	Basic	C	Sheehan	??
Dec 13-15	Albion	Adv	NF	Mang	Dziekonski & ?
Dec 13-15	Orleans	Adv	NF	Mang	Mang & ?
Dec 13-15	Eastern	Basic	C	Sheehan	??
Dec 13-15	Fishkill	Basic	MH	Grunebaum	??
Dec 13-15	Fishkill	Basic	MH	Grunebaum	??
Dec 13-14	Greenhaven	Basic	MH	Doumbe	Doumbe & ?
Dec 13-15	Greenhaven	Adv	MH	Doumbe	??
Dec 13-15	Orleans	Basic	NF	Mang	??
Dec 13-15	Green	Adv	A	Beetle	Beetle & ?
Dec 13-15	Green	Basic	A	Beetle	??
Dec 14-15	Greenhaven Annex	Adv	MH	Fritz	??
Dec 20-22	Cayuga	Basic	C	Mager	??
Dec 20-22	Cayuga	Adv	C	Mager	Mager & ?
Dec 27-29	Shawangunk	Adv	MH	Legg	??

? = Leaders needed (C) = Community workshop AC = Area Council

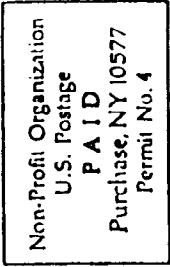
1992 AVP NEW YORK WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	AC	COORDINATOR	LEADERS
Jan 3-5	Sullivan	Basic	C	Sheehan	??
Jan 6-8	Attica	Basic	GV	Halley	??
Jan 6-8	Attica	Adv	GV	Halley	??
Jan 10-12	Washington	Basic	A	McGrath	McGrath & ?
Jan 10-12	Wende	Adv	NF	Mang	Dziekonski & ?
Jan 10-12	Sing Sing Hill	Basic	WF	Feucht	??
Jan 10-12	Sing Sing Tappan	Basic	WF	Feucht	Weingast & ?
Jan 10-12	Green	Basic	A	Beetle	Beetle & ?
Jan 10-12	Green	Basic	A	Beetle	??
Jan 17-19	Rochester (C)	T/T	GV/NF	Reixach	Reixach & ?
Jan 17-19	Albion	Basic	NF	Mang	??
Jan 24-26	Eastern	Basic	C	Sheehan	??
Jan 24-26	Fishkill	Basic	MH	Grunebaum	??
Jan 24-26	Fishkill	Basic	MH	Gruenbaum	??
Feb 7-9	Washington	Basic	A	McGrath	McGrath
Feb 7-9	Sullivan	Basic	C	Sheehan	??
Feb 7-9	Collins II	Basic	NF	Mang	??
Feb 14-16	Eastern	Basic	C	Sheehan	??
Feb 14-16	Buffalo (C)	Basic	NF	Mang	??
Feb 14-16	Taconic	Basic	WF	Cypser	Weingast?
Feb 14-16	Green	Adv	A	Beetle	Beetle & ?
Feb 14-16	Green	Basic	A	Beetle	??
Feb 21-23	Sing Sing Hill	Adv	WF	Feucht	Feucht & ?
Feb 21-23	Sing Sing Tappan	Adv	WF	Feucht	??
Feb 21-23?	Washington (Sp)	Basic	A	Mcgrath	Lugo & ?
Feb 21-23	Orleans	Basic	NF	Mang	??
Feb 21-23	Eastern	Basic	C	Sheehan	??
Feb 21-23	Fishkill	Basic	MH	Grunebaum	??
Feb 21-23	Fishkill	T/T	MH	Gruenbaum	??
Mar 6-8	Sullivan	Basic	C	Sheehan	??
Mar 6-8	Wende	Basic	NF	Mang	??
Mar 13-15	Eastern	Basic	C	Sheehan	??
Mar 13-15	Washington	Adv	A	McGrath	McGrath & ?
Mar 13-15	Rochester (C)	Basic	GV/NF	Reixach	Reixach & ?
Mar 13-15	Green	Basic	A	Beetle	Beetle & ?
Mar 13-15	Green	Basic	A	Beetle	??
Mar 14-16	Cayuga	Basic	C	Mager	??
Mar 14-16	Cayuga	Basic	C	Mager	Mager & ?
Mar 20-22	Albion	Basic	NF	Mang	??
Mar 21-23	Sing Sing Hill	Basic	WF	Feucht	??
Mar 21-23	Sing Sing Tappan	Basic	WF	Feucht	??
Mar 27-29	Eastern	Basic	C	Sheehan	??

? = Leaders needed (C) = Community workshop AC = Area Council

MOVING?

Please let us know so we can update our mailing list and directory. **Non-profit mail is neither forwarded or returned to sender by the post office, so unless you give us your new address, the Transformer will no longer reach you.** For continued AVP mailings, fill out and return the form below.



Name(s) _____

FORMER ADDRESS

Street & No. _____ Apt. _____

City _____ State _____ Zip _____

NEW ADDRESS

Street & No. _____ Apt. _____

City _____ State _____ Zip _____

NEW PHONE (For AVP Directory)

Home _____

Work _____

Please remove my name from:

- Transformer mailing list
- AVP Directory

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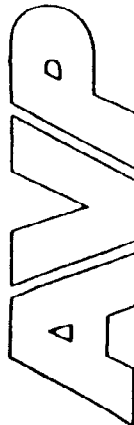
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We would like to hear from you. Please send any suggestions for articles to Fred Feucht.

Please send any changes of address to Janet Lugo.

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