

Alternatives to Violence Newsletter

# the TRANSFORMER

for AVP Workshop Leaders  
July-August-September 1991



## NEW YORK AVP ANNUAL MEETING ON SEPTEMBER 14-15

All members of New York AVP are invited to spend a weekend together sharing ideas, learning new exercises, playing and planning for the future.

The Annual Meeting will be held at the Epworth Conference Center set in the woods of Ulster County near New Paltz, NY. The grounds include wide lawns and recreation areas so don't forget your play gear. Spouses and friends of AVPers are welcome.

The program will include meetings of the Statewide Council and Board as well as mini-workshops on new exercises and a goal setting session for 1992.

Please reserve the weekend of September 14 to 15 on your calendar and send in the registration form below. The cost of the weekend will be approximately \$25.00 including lodge accommodations and meals.

## NEW YORK AVP ANNUAL MEETING REGISTRATION FORM

- Enclosed is my \$10.00 registration fee
- I plan to stay overnight Saturday
- I need scholarship aid
- I am interested in carpooling
- I am coming by bus and will arrive at \_\_\_\_\_ at \_\_\_\_\_ time.

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

Please send registration form and deposit to James Richards, AVP Treasurer, R.D. 1, Box 162, Treadwell, NY 13846

## WHAT'S NEW IN AVP

### AVP INTERNATIONAL CONFERENCE September 1992 in Maryland

The second AVP International Conference is scheduled for the Labor Day Weekend in 1992 and will be held in Maryland. This will be a bigger and better three day conference as AVPers around the country have requested. We expect AVP leaders from around the world to attend.

This conference will include learning new exercises, sharing of tips and ideas for trainers, coordinators and area leaders. Workshops will cover everything from fundraising to the new Training for Trainers Curriculum. It will also be the kickoff event for the new National AVP Organization.

The good news is that the cost of this three day conference will be about the same as the two day conference held in 1990. We also plan to have a travel pool to equalize the travel costs for all participants.

The conference will be held at Skycroft Conference Center in Middletown, Maryland about 60 miles north of Washington, D.C. The conference center is situated on the top of 1,100 foot South Mountain with a spectacular view of the woods and rolling hills of the rural Maryland countryside.

Skycroft has comfortable, airconditioned, motel style rooms that will accomodate 64 people in double occupancy. The Maryland AVP group has made the arrangements and has generously agreed to serve as hosts for the conference.

For those in New York State that may think this is a long way to travel for a conference,

Middletown, Maryland is closer to New York City than Rochester, New York and it is about the same distance from Buffalo, New York to Middletown, Maryland as it is from Buffalo to New York City.

So keep Labor Day free in 1992 and plan to attend this exciting conference.



### MARYLAND AVP HONORED

Beginning with the leadership of Lee Stern and Marge Zybas in 1988, AVP has developed a regular and successful program of prison workshops in the Maryland House of Corrections and other institutions. A spokesman for the Maryland Division of Correction said there has been "a noticeable change" in the behavior of some of the inmates that had taken the training. The Division of Corrections has been so pleased with the AVP program that they recommended AVP for the Governor's Volunteer Award. On April 29, AVP was awarded a certificate of appreciation by Governor William Donald Schaefer.

## FUNDRAISING PROGRAM

### MAJOR DONOR PROGRAM UNDERWAY

On June 8 a special fundraising workshop was held at Purchase Meetinghouse to kick off the Major Donor Campaign. The workshop was to train AVP representatives/solicitors. The more than a dozen AVP representatives/solicitors who attended discovered that the fundraising in the Major Donor Campaign was really a rather simple process.

1. The first step in preparing yourself to ask others to contribute to AVP is to make a financial donation to AVP yourself. This gift need not be any fixed amount but should be a donation which you consider "significant." You will be surprised how this donation can change your attitude and fear about asking others to contribute.
2. Make a list of 6 to 10 friends and acquaintances that have heard of AVP who you would like to approach for a contribution. These people need not be wealthy. There are many people who may not be able to become AVP trainers but would like to become involved by making a \$50 or \$100 contribution.
3. Write a personal letter (not on an AVP letterhead) to each friend and tell them that you would like to meet with them to talk about AVP and to consider making a contribution. Send one of the new AVP brochures with the letter.
4. Call each friend three or four days later and ask to set up a time to meet with them in their home. If they agree to meet, you may wish to send a copy of the AVP fundraising kit to them before the meeting. You may also offer to show one

of the AVP videos if they have a VCR.

5. Meet with your friend, tell them about your experiences with AVP, offer to answer any questions they may have about AVP, and ask them to join you as a Major Donor. In this meeting, it is important to make it clear that your relationship with them does not depend on their making a contribution to AVP.

Good luck with your fundraising efforts!



### FUNDRAISING KITS READY

Attractive fundraising kits have been prepared for the Major Donor Campaign. They are designed to tell the AVP story to potential donors from both a program and financial point of view. The kit is packaged in a handsome pocket folder and contains:

1. The New AVP Program Brochure
2. The Spring AVP Newsletter
3. The 1990 AVP Annual Report
4. AVP Goals for 1991
5. AVP Budget for 1991
6. Pledge card

You may obtain copies of the fundraising kit by contacting the New York AVP office.

---

## WHAT'S NEW IN AVP

---

### **AVP YOUTH GATHERING For Trainers Interested in Working with Teenagers**

A special meeting has been scheduled to discuss ways to lead AVP programs for teenagers. The meeting will be led by Duke Fisher who has extensive experience in leading youth groups. It will be a time to share experiences, discuss problems and learn ways of making programs fun for teenagers.

The meeting will be held in Bambridge, New York which is in the Catskill region. Call Duke Fisher at 607 967-5917 to get directions as well as the time for the meeting.

---

### **New Ways to Divide into Groups CELEBRITY GROUPS**

Perhaps you are finding it a little boring to constantly ask participants to divide into groups by counting off by twos, threes or fours.

One way to liven up workshops and get people into groups at the same time is to use celebrities.

For example, if you want two groups you can ask "Who's your favorite, Stan Laurel or Oliver Hardy?"

Or if you want three groups you can say, Which of the Three Stooges do you like the most, Moe, Larry or Curly?"

Or if you want four groups, you can ask, "Who's your favorite Beetle, John Lenon, George Harrison, Paul McCartney or Ringo Starr?"

Of course you may have to move a few participants from one group to the other to make them even, but it will be fun.

Suggested by Duke Fisher.

---

### **AVP PROGRAM BEGINS IN TWO SCHOOLS IN SYRACUSE**

In Syracuse, junior high kids are asking for a three-day workshop after hearing about it from their friends.

"Everyone is calling: it's just kind of building" says Erik Wissa, an AVP Trainer and AFSC staff member who has begun the program in the Syracuse City Schools. He adds that he has "heard form schools, juvenile facilities, the probation department and individual teachers interested in the program."

When Erik and Ann Kerniski presented an AVP community workshop for adults they found two teachers from Beard and Levy schools among the participants. Beard Principal, Joe Woods, became interested in AVP and a presentation was made to the school.

A pilot workshop for the Levy School was conducted and 21 people attended, fifteen students and four teachers. The workshop was a success, but as in every workshop, it was not without difficulties.

*Continued on next page*

---

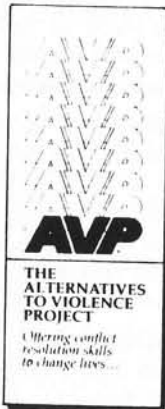
## WHAT'S NEW IN AVP

*Continued from previous page*

"Three days was really intense with adults, conversations just flow — they want to talk about their problems. With kids, it's peer pressure. There's a kind of reluctance to give 100 percent participation" Wissa said.

The change came at Levy School when one of the kids opened up and started talking about a time he was crying.

Erik Wissa hopes to continue and expand the program in the Syracuse Public School System. Perhaps this can be a model for the AVP program in other schools around the state.



## NEW AVP BROCHURE PRINTED

A good-looking AVP brochure has just come off of the press. It is an all purpose brochure designed to answer just about anybody's questions about AVP, from individuals interested in taking a workshop, people who want to become trainers, to groups that would like an AVP program for their organization of institution. The brochure is even suitable for potential individual donors or letters to foundations.

The simple brochure includes AVP goals, an outline of the curriculum, a brief history of

AVP and even includes pictures and testimonials.

To order copies of the brochure, contact the New York AVP office.

## NEW AVP VIDEO AVAILABLE

A new beautiful and sensitive video is now available. The dramatically edited half-hour program covers an entire AVP workshop and movingly captures the spirit of AVP. The emotional impact of the workshop is captured as you can see individuals change before your eyes.

The video was shot last November at the Warkworth Institution about an hour east of Toronto, Canada. The outside leaders for the workshop were Steve Angell, Dillon Sawyer and Rosemarie McMechan. Some of the comments by Steve are absolutely eloquent.

The title of the video is "In the Belly of the Beast" and it has been prepared by CBC (Canadian Broadcasting Company) for their weekly series called "Man Alive." It was broadcast nationally in Canada in March 26, 1991.

The video is ideal to use as part of an AVP presentation or mini-workshop in schools, churches and community groups. It also is an excellent tool when making fundraising presentations to groups or individuals. The video is not cleared to be shown on cable TV unless permission is first obtained from CBC.

You may borrow a copy by contacting the AVP Office at 15 Rutherford Place, New York, NY 10003.



---

## WHAT'S NEW IN AVP

---

### I'M GOING ON A SAFARI

*A new Light & Lively*

Imagine that you are going on a safari and you can take anything you want from a teddy bear to a dozen purple elephants. The more outrageous the object, the better.

This Light & Lively works in a way that is similar to the Adjective Name Game. However, instead of repeating all the previous adjective names, each participant must repeat the items named by the previous members of the group. Thus, the last person must remember every item named by the entire group. It is more fun than a barrel of monkeys or a pool full of seals.

This exercise is a sure way to lighten up tensions after a heavy exercise.

---

### BY THE NUMBERS

*A new Light & Lively*

This is similar to the Gibberish Light & Lively except that it is done with numbers. It is also a way to have fun doing role plays.

The first step is to find two volunteers. Ask them to go out of the room and decide on a conflict situation. Then they are to come back into the room and act out the situation using gestures and numbers only. For example one may say questioningly "One... two three four... five six seven!" while the other replies emphatically, "Eight nine ten eleven twelve!!!" etc.

Judging from their body language and vocal intonation, the group must guess the subject or the conflict.

---

---

## AROUND AVP

---



### REPORT FROM EUROPE

Steve Angell has completed his tour of Europe where he shared the AVP program with Quaker groups in Norway, Switzerland, the Netherlands, England and Northern Ireland. He has led AVP workshops in Belfast and at Pentonville Prison in London where the program was enthusiastically received by inmates.

He also led a session on conflict resolution at London Yearly Meeting of Friends. The focus of the Yearly Meeting was dealing with disagreement and conflict. In England, AVP is working with the LEAP program of London Yearly Meeting which offers conflict resolution services.

One of the people that Steve bumped into in London was Caroline Lane. Caroline is AVP trainer from New York who served as the Clerk of Westchester-Fairfield as well as Clerk of the Statewide Council for a number of years. When she moved to Wales with her husband, Vic, she had expected to retire not only from teaching but also from AVP.

With all the interest in AVP, she has decided to come out of retirement and become active in AVP again. She will be working with the LEAP group in organizing workshops in England. Caroline's experience will be a great asset in the English program.

---

---

## AROUND AVP

---

### AVP SPRINGS UP IN SOUTH DAKOTA

*A letter from Vermillion South Dakota*

Dear Steve:

Vermillion is 10,000 people big, set in lush farm country with a rich Native American and Scandinavian mix of cultures — a university town with the charm and rootedness of a small town but the freshness and vitality of the diverse University student/staff/faculty population.

One of our goals upon coming here was to establish AVP in the prison system. Fortunately there are some good people in this neck of the woods and we have been able to get AVP into the maximum security prison here in Sioux Falls. We've been there almost a year and have one inside facilitator and want to add one or two more.

A part of our goal is to build a bridge between the community and the prison so we can use the prison as our AVP home base. We have workshops in the prison every six weeks and invite one or two outsiders to come in with us. Thus far, we have had four outsiders and two of them have already become facilitators and another is interested in facilitating.

I recently had a meeting with the Superintendent at Springfield Correctional Facility. Springfield is coeducational and serves as a medium security prison for men and the only prison for women in the state. Whereas the Superintendent was reluctant a

year ago when I approached him about AVP (he could not accept the "no prison staff in the program" tenet), now that the program has proven itself in Sioux Falls, he is interested in talking further.

Our plan is to slowly, slowly train facilitators and get the program into various half-way houses and delinquent programs around this neck of the woods. As soon as my schedule here at the university balances out somewhat, I want to begin to invite student involvement. I have such rich resources available here and want to tap into them.

Interestingly, Marv and I recently joined a small Unitarian Church in Sioux City, Iowa about 30 miles away. A couple introduced themselves as being involved with AVP and interested in sharing it with others. We met with them and found that they got their training in South Carolina. Great, isn't it?

I just received a note from the Director of Criminal Justice Ministries in Des Moines. He had read of our work in the pen in Sioux Falls in the prison newsletter, the Messenger, and wants info. We're all cooking with gas out here on the prairie, my friend.

Stumbling toward the light,  
(To borrow from Bo Lozoff)

Lila and Marv

---

## LETTERS

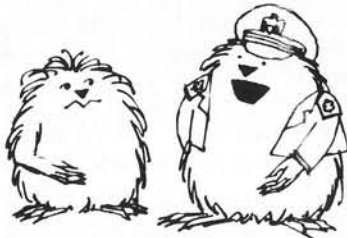
### A Letter to the Commissioner THANKS FOR AVP

May 27, 1991

Dear Mr. Coughlin

I attended an Alternatives to Violence Program they they offered here at Groveland C.F. Annex this past weekend, May 25-27 for a total of 24 hours. After being incarcerated for almost four years I have attended several groups, but never one quite like this past weekend's. I have received a lot of insight on dealing with every day conflicts that could end up in violence and how to deal with these conflicts non-violently. During the course of these 24 hours I was able to have a lot of doors I had closed, opened. I feel like a better person as a result of this program. I am going to continue the AVP program upon my release and hope one day to become a trainer in the program also. They should offer this program more often and at every prison throughout the state. If only we all lived by the philosophy of AVP, what a better world this would be!

Sincerely,  
Roxanne



*"I heard that AVP was looking for Major Donors."*

### AVP WORKS A live incident at Shawangunk

A staff counselor at Shawangunk Correctional Facility shared a report concerning a fight that broke out between inmates at the facility. One inmate in the conflict was a graduate of the AVP program.

The report read: "...I observed one inmate strike (another inmate) with a clenched fist on the side of the head. In an effort to defend himself the attacked inmate placed his arms out in front of him with his palms open. I pulled my P.A.L. (Personal Alarm System) to alert another officer of the incident. I then observed the attacking inmate continue to strike repeatedly about the other inmate's head and face. Upon arrival of two officers, both inmates had parted." It was further reported that neither inmate accepted medical attention.

At the hearing, the case was dismissed. The report stated that "The inmate who was attacked did not attempt to fight but only placed his hands up to defend himself."

In a letter to the staff counselor the defendant wrote: "Praise the Lord. Our Lord is doing wonderful "working" in my life. Please read the reports I have enclosed in this letter. In the 40 years I have known myself I have never been known to turn down a fight. But when you sent me to the Alternatives to Violence Program, all that has changed. And now I don't need violence in my life."

An inmate from Shawangunk



---

 AVP FORUM
 

---

**FOR WOMEN ONLY**
**Update on Women going into Prison**

by Chris Malmgreen

*"I thought of other young sisters in ages before us listening to wise women who told their stories by campfire, casting long shadows with boney storytelling hands."*

*From **Reweaving of the Web of Life** by Pam McAllister*

One crisp February morning, six of us gathered at the meeting house at 15th Street in Manhattan to learn about women going into male prisons. Collectively, we had some 30 years experience in this Work. For four hours we discussed, dissuaded, persuaded and dissected our attitudes, beliefs and feelings. It was a completely uplifting event.

From there, I went to my job, another environment permeated by Life with Womanly Ways. I am a nurse on a post-partum floor; we take care of mothers after childbirth and see that they are bonding with their young. As I sat there mechanically taking the report from the day shift, I wondered, why is it that we have lost our communion with one another and that events like the one of the morning are so rare?

Toward the end of our morning meeting at 15th Street, we re-discovered the passages written in the Basic Manual by our fore-mothers: "Gathering of Woman Friends going into Prisons" written in 1983. While each of us had individually read it before, it never occurred to us to use it as a focal point for a meeting. Besides, not all of us, in fact most of us in the meeting house that morning were not Quakers.

It is quite gratifying to me to realize that much of what was written in those passages of the manual were part of my lived experience, and that some of the information contained therein continues to be timely and accurate.

We decided that morning, those of us who are "worldly" in the prison environment, to make ourselves available to young sisters going into male prisons for the first time. In the Spirit of Advise No. 4 (while we did not recognize it at the time) we, the more experienced will take the initiative.

We will call, as advised by an Outside Prison Coordinator, any woman going into prison for the first, second or third time within a week after the workshop. For my part, I intend to advise her to read "Gathering..." in the Basic Manual; and re-read it before her next workshop; and re-read it again, after.

I wonder, too, what happened to the recommendation in that report: that "the NYM Prisons Committee sponsor a series of local one-day workshops or retreats..." It is my hope that this meeting become the springboard for future dialogue, through letters to The Transformer, as well as face-to-face encounters between Wise Women and Women learning to be Wise.

*If you would like to discuss these matters further or would like to set up a meeting of women trainers in your area, please contact Chris Malmgreen, Cynthia MacBain or Paddy Lane.*

---

AVP FORUM

---

*Reprinted from the Times-Herald Record of Middletown, NY*

## **SURVEY FINDS THAT PRISONERS WANT TO "GIVE SOMETHING BACK"**

*By Sarah K. Duran, Staff Writer*

**NAPANOCH** – A recent survey of inmates by inmates shows that 52 percent would participate in a program that brings victims and offenders together to talk about the crime.

The study of 180 inmates at Eastern Correctional Facility in Ulster County was done by inmate Mark Bitel, who is working toward a master's degree in sociology the State University College at New Paltz.

Bitel, who is in prison on a manslaughter conviction, presented his findings to a discussion group of fellow scholar-inmates, college professionals and representatives of victims' rights groups, at a forum at the prison last week.

His thesis, entitled "A Study on the Attitudes of Incarcerated Men to the Victim-Offender Reconciliation and Reparation Schemes," looked to produce a profile of the types of serious offenders who would be most amenable to participate in these programs, Bitel said.

Bitel has worked for the last two years on his master's degree. His thesis work included conducting 40-minute interviews with inmates on a series of questions relating to their feelings about being in prison.

The discussion group is held monthly in conjunction with inmate higher education programs, but is not directly affiliated with SUNY New Paltz.

In victim-offender reconciliation programs, both sides are brought together in the presence of a mediator. Victims can ask questions and talk about how the crime affected them. Offenders can describe the conditions that led them to commit the crime and progress made since incarceration.

Too often, the criminal justice system ignores victims, Bitel said. Victim-offender programs attempt to make this impersonal system more personal.

"This is an attempt to give something back to the victims," he said.

Over soda and chips, the group discussed his findings, providing a lively discussion of how crime affects victims and the attitudes of inmates to crime.

The group generally agreed the criminal justice system needs to reevaluate crime as an offense by one person against another, instead as an offense against the state. The latter concept usually ignores the victims, they commented.

Bitel, nervously twisting a paper clip, said it was the first time he had presented his work before the group. Next month he will defend his thesis.

The thesis "can hold water," Thom Gherling, a California State University professor and former adjunct professor at SUNY New Paltz, said during a break. "He should have no problem defending it."

---

## AVP FORUM

### Inmate attitudes toward victims

These questions were posed in a survey by Eastern inmate, Mark Bitel who is working on his master's degree in sociology at SUNY New Paltz. 180 inmates at Easter Correctional Facility in Ulster County responded.

	STRONGLY AGREE	MILDLY AGREE	MILDLY DISAGREE	STRONGLY DISAGREE	NO ONE WAS AFFECTED
By doing time I am paying my debt to society.	30%	18%	7%	42%	3%
I owe nothing to the person or people who were affected by my crime.	34%	7%	22%	33%	4%
I sometimes feel sorry for the person or people who were affected by my crime.	44%	23%	3%	25%	5%
I am bothered that there is nothing I can do to set things right with the person or people affected by my crime.	39%	23%	6%	26%	6%
To be forgiven would make me feel better.	36%	18%	7%	35%	4%

The inmate said that it took him more than five weeks to reach everyone he interviewed. The project was unique because so many inmates participated, Bitel said. In most surveys he read about, fewer than 50 prisoners were interviewed.

The questions were approved by prison officials, Bitel said. There are questions he new better than to ask — such as the crime the inmate committed — because certain information is not available to inmates about other inmates.

Bitel said he hopes his research will encourage a group, neither affiliated with victims or criminals, to organize a victim-offender program, which currently does not exist in the state prison system.

Sherry Price, executive director of the New York State Coalition of Crime Victims, who participated in the discussion, said that she plans to use the research to set up victim-offender programs.

"It gives me hope that we will be able to set up this program," Price said. She is working on getting one going at Sing Sing Correctional Facility.

*Mark Bitel comes from England and is an AVP trainer. He is currently at Sing Sing and is involved in setting up a victim-offender program in conjunction with the Quaker worship group.*

*After he is released, Mark plans to go back to England and help to get the AVP program going in the British prison system.*

---

## WHAT'S NEW IN AVP

---

### DIVERSITY? Changing the Cultural Mix of AVP

When The New York Alternatives to Violence Project was incorporated in 1977, among the first articles that were placed in the by-laws was a policy on nondiscrimination. Our recently adopted Mission Statement says that AVP is a "multicultural" organization.

Yet, this has not become a reality. Our outside trainers are largely white, European, middle class and Protestant. The culture of AVP has a strong Quaker flavor. Some Black organizations see the AVP program as "racist" because we have so few Black outside trainers.

At the last meeting of the Statewide Council it was agreed that we need to change the mix of AVP. A Committee on Diversity was formed to address this issue. The task of the committee is to define what diversification means, look at barriers to diversification within AVP and to develop pilot projects to facilitate diversification.

The convener of the committee is Elana Levy and members include Joe Paquette, Carmen Rodrigues, Robert Taylor, Joe Martinez and Jennifer Snow Wolff. The next meeting of the committee will be at 1100AM on Saturday, August 24 at Albany Friends Meeting. AVPers that are interested in solving this vital problem are invited to attend.

---

### STARTING AVP IN NEW PRISONS Lead Trainers Needed

Should AVP provide workshops for inmates at ten additional prisons in Northern New York. At the Statewide Council Meeting in May, New

York AVPers agreed that it was very important to make every effort to meet these requests. This will represent a major effort to expand the New York AVP program.

The plan will work as follows: A contact person has been designated at each prison and each contact person has been asked to seek local residents that are interested in becoming AVP leaders. These people will need to be trained in community workshops. AVP needs trainers, especially lead trainers, to conduct these workshops.

If you would like to help with this program, just call Jay Lieske at the New York AVP office.

---

### PERSONNEL COMMITTEE FORMED

The New York AVP office is the nerve center for AVP activities on a state and national level. On a busy day there may be a dozen phone calls; requests for information, manuals and certificates to be shipped to trainers, putting together teams for out-of-state workshops and perhaps, trying to straighten out conflicts between trainers and the Department of Corrections. The New York office can often be an overwhelming place. The office staff can sometimes feel isolated and alone.

Our office staff of Paddy Lane, Jay Lieske and our summer intern, Erik Weikhart, needs a group who can serve as a sounding board to discuss office problems and needs for the future.

A Personnel Committee was established at the last AVP Board meeting. This standing committee will meet with office staff three or four times a year and help to solve problems that may arise. We are looking for people that would like to serve on this committee. Please contact Fred Feucht if you are interested.

---

---

## WORKSHOP PARTICIPANTS SPEAK UP

---

### Participants in a BASIC COMMUNITY WORKSHOP in Owego, NY say...

"AVP has given me the insight into myself to change the way I treat others. The group effort made opening up easier for me."

"The people in AVP helped me trust people and trust myself. I think more important is that "It's OK to be me." AVP is where I have learned it's OK to be silly sometimes and have fun. |The people and the weekends have done a lot of positive things for me, and my communication skills."

"I was really scared about coming but I found it very enjoyable!! It's hard for me to open up and talk and to trust people but everything happened naturally. The trust exercise was really great for me and I want more so I'll be back."

"I had heard about Alternatives to Violence seven or eight years ago. I am very glad that circumstances in my life brought me here finally. I am learning a great deal about me and others and feel privileged to finally participate."

"AVP has been another great experience of my life. The people are very caring and loving. They trusted me with their feelings and in return accepted me as I am. It's a shame that life on the outside can't be as enjoyable, but it will be a little easier knowing that the friends I have come to meet are out there making the world a little bit better."

"I want to thank the trainers for their great work this weekend. I want to thank the people that came to this workshop."

### Participants in a TRAINING FOR TRAINERS at Shawangunk Prison say

"I understand Transforming Power seeing it in action."

This was the response of a participant at a recent Training for Trainers workshop held at Shawangunk Correctional Facility, led by Mary Gray Legg. After the three day experience, the men were enthusiastic about AVP and anxious to put their experiences to work by facilitating workshops.

Some of the other comments of the group were:

"It was great to work with good minds."

"I feel I know the concept of the AVP program as described in the goals as reached in sessions one through nine."

"I realize the importance of affirmation."

Seeing how the "Team" works in AVP I feel as though I had an excellent experience of Transforming Power, i.e.: I care whether my teammate rises or falls when he's facilitating."

"No one was forced to participate and everyone wanted to help."

"I can really laugh with others now and don't want to laugh at them."

"Light & Livelies were enjoyed, as always, but they're tools not just games."

"I will go beyond teaching — actually learning."

"It's really different being a facilitator. You're part of the workshop in a different way."

---



## AVP WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	AC	COORDINATOR	LEADERS
Jul 19-21	Sing Sing Hill	Basic	WF	Feucht	MacBain Jennings
Jul 19-21	Sing Sing Tappan	Basic	WF	Feucht	Eagleson Pagel
Jul 19-21	Greenhaven	Basic	MH	Doumbe	Neddermeyer & ?
Jul 19-21	Greenhaven	Basic	MH	Doumbe	Yizar & ?
Jul 26-28	Shawangunk	T/T	MH	Legg	??
Jul 26-28	Eastern	Basic	C	Sheehan	??
Jul 26-28	Owego (C)	Basic	ST	O'Connell	O'Connell Hildebrandt Bennet Demick
Jul 26-28	Talcott				
Jul 26-28	Perry City (C)	Basic	PC	Hassett	Hassett Burgevin
Aug 5-7	Attica	Adv	GV	Halley	??
Aug 8-10	Green	Basic	A	Beetle	Beetle & ?
Aug 8-10	Green	Basic	A	Beetle	??
Aug 10-11	Camp Beacon	Adv	MH	Fritz	??
Aug 16-18	Sing Sing Hill	Adv	WF	Feucht	Feucht Feingold Lynn
Aug 16-18	Sing Sing Tappan	Adv	WF	Feucht	MacBain Avstreich Weikart
Aug 16-19	Sullivan	Basic	C	Sheehan	??
Aug 23-25	Fishkill	Basic	MH	Grunebaum	??
Aug 23-25	Eastern	Basic	C	Sheehan	??
Aug 23-25	Greenhaven	Basic	MH	Doumbe	Doumbe & ?
Aug 23-25	Greenhaven	Adv	MH	Doumbe	MacBain & ?
Aug 23-25	Taconic	Adv	WF	B.Cypser	B.Cypser
Aug 24	Wilton (c)	Mini	WF	Perry	Pagel & ?
Aug30-Sep1	Shawangunk	Basic	MH	Legg	??
Aug30-Sep1	Shawangunk	Basic	MH	Legg	??
Sep 10-12	Sing Sing Theo	Basic	WF	Feucht	Nothhelfer & ?
Sep 12-14	Green	Basic	A	Beetle	??
Sep 12-14	Green	Basic	A	Beetle	Beetle Saxton
Sep 13-15	Sullivan	Basic	C	Sheehan	??
Sep 20-22	Fishkill	Basic	MH	Grunebaum	??
Sep 20-22	Fishkill	Basic	MH	Grunebaum	??
Sep 20-22	Greenhaven	Basic	MH	Doumbe	Doumbe Neddermeyer
Sep 20-22	Greenhaven	Basic	MH	Doumbe	B.& R.Cypser
Sep 20-22	Groveland	T/T	GV	McEvoy	McEvoy, Kelley Straub
Sep 20-22	Washington	Basic	A	McGrath	McGrath & ?
Sep 21-22	Greenhaven Annex	Basic	MH	Fritz	??
Sep 27-29	Shawangunk	Basic	MH	Legg	??
Sep 27-29	Eastern	Basic	C	Sheehan	??
Sep 27-29	Perry City (C)	Adv	PC	Hassett	Hassett & ?
Sep 27-29	Sing Sing Hill	Basic	WF	Feucht	Pagel & ?
Sep 27-29	Sing Sing Tappan	Basic	WF	Feucht	Breen Altanasio Kuennen
Sep 28-29	Bloomington,IN(C)	Basic	—	—	Legg Moulton
Oct 4-6	Wende	Basic	NF	Mang	??

? = Leaders needed (C) = Community workshop AC = Area Council

## AVP WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	AC	COORDINATOR	LEADERS
Oct 10-12	Green	Basic	A	Beetle	??
Oct 10-12	Green	Basic	A	Beetle	Beetle & ?
Oct 11-13	Sullivan	Basic	C	Sheehan	??
Oct 11-13	Owego (C)	Basic	ST	O'Connell	O'Connell Kropp Talcott
Oct 11-13	Perry City (C)	T/T	PC	Hassett	Hassett Burgevin Finn Marshall
Oct 11-13	Rochester (C)	Basic	GV	Halley	??
Oct 12-13	Camp Beacon	Basic	MH	Fritz	??
Oct 12-14	Wyoming	Basic	GV	Halley	??
Oct 18-20	Sing Sing Hill	Basic	WF	Feucht	B.Cypser Dunsmoir
Oct 18-20	Sing Sing Tappan	Basic	WF	Feucht	R.Cypser Stinchcomb
Oct 18-20	Fishkill	Basic	MH	Grunebaum	??
Oct 18-20	Fishkill	Basic	MH	Grunebaum	??
Oct 18-20	Washington	Adv	A	McGrath	?
Oct 25-27	Shawangunk	Basic	MH	Legg	??
Oct 25-27	Eastern	Basic	C	Sheehan	??
Oct 25-27	Greenhaven	T/T	MH	Doumbe	Doumbe & ?
Oct 25-27	Greenhaven	Basic	MH	Doumbe	??
Nov 8-10	Sullivan	Basic	C	Sheehan	??
Nov 8-10	Collins	Basic	NF	Mang	??
Nov 9-10	Camp Beacon	Basic	MH	Fritz	??
Nov 9-11	Groveland	Basic	GV	McEvoy	Halley Straub
Nov 9-11	Groveland	Basic	GV	McEvoy	Kellye McEvoy
Nov 15-17	Sing Sing Hill	T/T	WF	Feucht	Feucht MacBain
Nov 15-17	Sing Sing Tappan	T/T	WF	Feucht	B.&D.Wood
Nov 15-17	Fishkill	Basic	MH	Grunebaum	??
Nov 15-17	Fishkill	Adv	MH	Grunebaum	??
Nov 15-17	Washington	T/T	A	McGrath	McGrath & ?
Nov 22-24	Eastern	Basic	C	Sheehan	??
Nov 22-24	Greenhaven	Basic	MH	Doumbe	Doumbe & ?
Nov 22-24	Greenhaven	Basic	MH	Doumbe	Neddermeyer & ?
Nov 22-24	Perry City (C)	Basic	PC	Hassett	??
Nov28-Dec1	Shawangunk	Basic	MH	Legg	??
Dec 6-8	Taconic	Basic	WF	B.Cypser	B.Cypser & ?
Dec 13-15	Fishkill	Basic	MH	Grunebaum	??
Dec 13-15	Fishkill	Basic	MH	Grunebaum	??
Dec 13-14	Greenhaven	Basic	MH	Doumbe	Doumbe & ?
Dec 13-15	Greenhaven	Adv	MH	Doumbe	??
Dec 13-15	Orleans	Basic	NF	Mang	??
Dec 14-15	Greenhaven Annex	Adv	MH	Fritz	??
Dec 27-29	Shawangunk	Adv	MH	Legg	??

If you would like to be on a team for a workshop, just call the coordinator for the institution.

If the workshops you have organized are not listed, send a copy of your workshop schedule to the editor of the Transformer.

---

## AVP CALENDAR

---

### Community Workshops & Meetings

- Jul 23                      New York Board Meeting  
1:30-5:00                Silver Bay, NY
- Aug 3                      Youth Gathering\*  
Saturday                Bambridge, NY
- Aug 24                      Diversity Committee  
11:00-6:00                Albany Friends Meetinghouse
- Sep 14-15                 New York Annual Meeting  
Weekend                 High Falls, NY
- Oct 25-27                Basic Community Workshop  
Weekend                 Purchase, NY
- Nov 15-17                Aiki AVP Workshop  
Weekend                 15 Rutherford Place, NYC

\* Contact Duke Fisher at 607 967-5917 for time and directions.

---

---

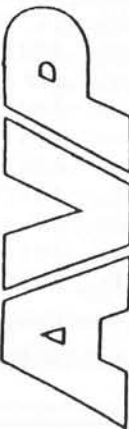
Newsletter Editor: Fred Feucht  
Newsletter Mailings: Janet Lugo

We would like to hear from you. Please send any suggestions for articles to Fred Feucht.

Please send any changes of address to Janet Lugo.

The Transformer is published quarterly and subscriptions are \$8.00 per year. Please make out your check to AVP and send subscriptions to Fred Feucht, 88 Mountain Road, Pleasantville, NY 10570.

---



**ALTERNATIVES TO VIOLENCE PROJECT, INC.**  
Purchase Friends Meeting  
Purchase & Lake Streets  
Purchase, NY 10577

Marge Schliitt                      S  
445 Broadway, #3-I  
Hastings on Hudson, NY 10706

Non-Profit Organization  
U.S. Postage  
**PAID**  
Purchase, NY 10577  
Permit No. 4