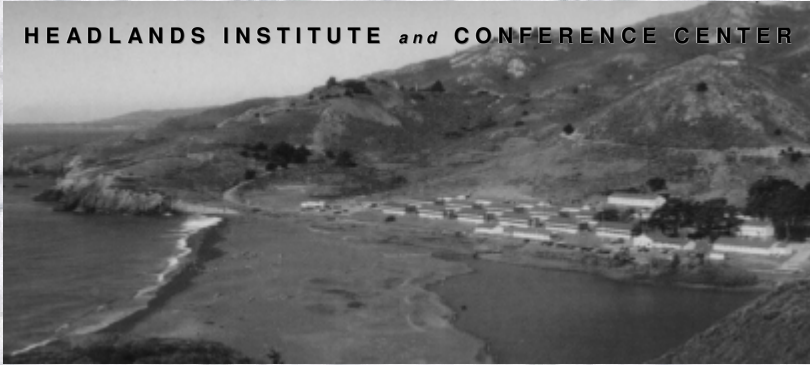


Winter 2004 Alternatives to Violence Project Newsletter

the TRANSFORMER

HEADLANDS INSTITUTE *and* CONFERENCE CENTER



Getting Ready for...

Through Conflict To Community

AVP / USA • May 27-30, 2005 CONFERENCE



GOLDEN GATE RECREATION AREA

Getting ready for AVP/USA Conference, May 27-30, 2005

Pat Hardy, California, USA

Toby Laverty, California, USA

Barbara Babin, California, USA

Going to a conference—any conference—takes some thought and planning, a national AVP conference is no different. Here are some reminders.

- **Registration** is the first step, of course. Go to <http://www.avpcalifornia.org/> and look for conference or call 805/682-3277 (Pacific Time) for a paper copy of the registration form. Registering by March 15 can save you \$94. Registering by April 24 can save you \$45.

- **Plan to vacation** in California. If you want to travel to other parts of the state, Amtrak and rental cars are readily available. (See page 11 for rental car discounts.) You can fly in to LA and out of San Francisco with little cost for car drop off.

Want free lodging with facilitators and Quakers throughout the state? To stay in homes of people who care that you are doing this great AVP work, contact Janet Riley by April 30th at AVP-SLO@quaker.org or Box 3936, San Luis Obispo, CA 93403.

- **Getting to the Bay Area** is the next step. Many airlines serve San Francisco; fewer serve Oakland and San Jose. See page 6 for possible airline discounts. Amtrak goes to Oakland. Shopping around is always your best bet.

Book flights early. At publication, Orbitz.com had a \$310 round trip from Boston to San Francisco; \$225 non-stop r/t flight from Miami, \$248 non-stop r/t from Chicago; \$145 r/t Portland, OR. Compare these with the deals negotiated for AVP/USA.

- **Ground transportation to Headlands** can be simple or complex depending on the method you choose. No matter where you arrive, you will need to navigate San Francisco to go over that glorious Golden Gate Bridge to the Headlands. A special rate on Marin Door-to-Door shuttle has been arranged. *Reservations are required.* See pages 6 & 11 for details on all means to get there from wherever you land.

- **Put together a team to facilitate a workshop.** Consider trying out a new exercise, sharing on a topic in which you have some expertise or expanding your understanding of a subject by getting together with some others to develop a one and a half hour breakout session. Want to test an idea? Email AVPpat@earthlink.net or call Pat Hardy at 805/682-3277. See a few topics already being considered on page 5. **Volunteer an idea** about which

(Continued on page 3)

you would like to know more. Check out “Looking for a few Good Facilitators” on avpcalifornia.org. Looking for someone to team with you? Go on the AVP-L (see list info on page 14) and put it out there.

- **Talk to your local council** about questions on which they want answers.
- **Recruit a few more** from your local council to join you at the conference.
- **Locate former prisoners who took your AVP workshops** and recommend that they apply for scholarships. See avpcalifornia.org for scholarship information.
- **Look at your own AVP materials**, promotional or workshop. Select some to bring that you think might be helpful or unusually creative and share. Make 100 copies for your fellow attendees to take home.
- **Start packing** You will be in a dorm and outdoor-oriented setting, so leave the tux and heels at home. The cool weather on the coast of Northern California encourages layering. California is casual even if you decide to dine out during the rest of your vacation. Jeans work everywhere and a nice blouse or shirt and jacket are appropriate even at the nicest places. They’ll think you are a movie star or a tourist. See the list on page 10. Leave extra space in your suitcase for all those handouts you’ll collect.
- **Bring your credit card or checkbook.** Save the cost of shipping and take books—that you can actually peruse—with you when you buy at the AVP bookstore. Also the Headlands has some interesting items to take home.

No matter what physical preparations you make, it is the heart and mind openness you bring which makes this conference valuable to you and your AVP friends.

What to do at the Headlands?

Arrive early on Friday or stay later on Monday, or take a break during the conference and enjoy these nearby places of interest. Links and information on each of the following can be found at :

www.hiconferencecenter.com/recreation.html

- The Marin Mammal Center (415) 289-7325
- The Point Bonita Light House (Visitor Center (415) 331-1540)
- The Nike Missile Site (415) 331-1453
- The Discovery Museum (415) 487-4398
- Headlands Center for the Arts (415) 331-2787
- Miwok Stables (415) 383-8048

(See “What to Do...and more” on page 4)

(“What to Do...and more” continued from page 3)

What is the weather like?

Your vision of California weather is about to change. Weather in the Bay Area and north coast can be quite chilly as well as warm, so layering is in definitely in order. The ocean is likely to be in the 50s and often too dangerous for swimming and surfing. Ocean beaches are impressive, but not a lot of sunbathing happens.

For the three Ss (sunning, surfing, swimming) type beaches, you will need to plan a trip to southern California before or after the conference.

What is the program?

Just a quick peek at what is being planned for the weekend of community building.

Friday night Getting to know you program launches the conference theme “Through Conflict to Community.”

Saturday morning: Keynote Speaker: Alan Mobley, Ph.D.

This year’s keynoter, Alan Mobley, PhD, brings an uncommon depth of experience in and with the justice system. His uncompromising respect for the individuals involved with our penal system will resonate with AVP facilitators. His commitment to improving the prison system based on empathy and shared understanding will challenge and inspire us. His experience as a justice innovator as well as a prisoner brings an unusual complexity to his message. Dr. Mobley became interested in criminal justice issues in 1984, when he was arrested on narcotics charges. While in federal prison, he earned degrees in economics and sociology. Upon his release in 1994, he entered a doctoral program in criminology, law and society at the University of California, Irvine, which he completed in 2001. Dr. Mobley has taught at the university level, consulted for federal, state, and local criminal justice agencies, faith and community groups, and nonprofit foundations. He has conducted research on faith-based corrections, prison privatization, and in-custody substance abuse treatment, and prisoner reentry. His work has been published in academic books and scholarly journals and he speaks widely on criminal justice reform. He currently co-directs the Northwest Center on Juvenile and Criminal Justice, in Salem, Oregon, where he lives with his growing family.

Workshop leaders this year are being encouraged to facilitate as a team, as we do in AVP workshops. Evaluations will be done as we do in

(Continued on page 5)

an AVP workshop—on the wall—with everyone sharing impressions.

Some beginning topics already selected are:

- *Youth with Darrell Hefte and Shakeel Ali*
- *Shaping your TP Story with Tom and Sandy Farley*

The following facilitators would welcome additional team members:

- *Using AVP techniques outside AVP with Mark Thomas and team*
- *AVP in women’s facilities with Barbara Babin and team*
- *Bias Awareness workshop with John Shuford and team*
- *Grant writing with Ann Ward and team*
- *Maintaining and defining boundaries with participants with Tanna Moontaro and team*
- **Working with corrections staff looking for a team**
- **Forgiveness workshop looking for a team**
- *Developing community with your facilitators. Keeping facilitators involved* looking for a team
- *Supporting formerly incarcerated people when they get out* Looking for a team
- **MORE are needed...**

What topic would make you say “California Here I Come?”

Send your ideas to avppat@earthlink.org or check www.avpcalifornia.org
Looking for a few Good Facilitators details.

Issues and Answers is a fast-paced brainstorming of solutions to a given issue or question by all in attendance. Already raised are:

- *Liability insurance for volunteers*
- *How low do we go in hours for workshops?*
- *Best practices for helping new AVP programs especially internationally,*
- *How do you create community with the outside facilitators?*
- *How to increase your community workshop attendance?*
- **How to assure your facilitators are maintaining personal boundaries in the prison?**

**Check out AVPCalifornia.org for final selections
of Workshops and Issues**

Sunday evening: Talented community

In keeping with our theme of building community, the entertainment committee is organizing a talent night. We'll come together to share songs, stories, juggling—whatever talents we have—so come prepared!

Saturday evening: Ex-prisoners panel

The always moving and well-received panel of ex-prisoners is the

(See “What is the Program” on page 6)

(“What is the Program” continued from page 5)

highlight of Saturday night, followed by a highly interactive World Café facilitated by Pat Parker-Roach and keynote speaker Alan Mobley.

International learning night: Slide show of international AVP trips with limited number of slides around the topic “New insights gained.” Do you have photos you’d like to share? Just let us know.

Getting to the Bay Area and CAR RENTALS

Pat Hardy, California, USA

Toby Laverty, California, USA

Barbara Babin, California, USA

AIRLINES

Many airlines serve San Francisco; fewer serve Oakland and San Jose. Be aware that San Jose is a good solid hour drive to San Francisco. We have arranged some discounts for attendees. Most of these are off the mid to full range fares, therefore you may find that these are not the cheapest option. Book directly, travel agents receive no commission. **Check other available pricing options and web fares as well. In most cases, all standard service charges apply for changes, etc.**

- ▷ **Northwest Airlines** Code: NM63C. Call Mtg Services Res Desk M-F, 7AM-7:30PM CT; 800/328-1111; 3-15% depending on how far in advance reservation is made, departure location and class of fare.
- ▷ **ATA** Call Convention Desk 877/282-4322, M-F, 8AM-7PM ET. Tell agent you are with Alternatives to Violence Project USA and Convention Code: MC50311 5-15% discount.
- ▷ **America West Airlines** CAMS Discount Code: AP7280. Go to **www.AmericaWest.com** / call 800/548-7575, M-F, 6AM-6PM MT; 5-10% discount; If reserving 60 days in advance, use AP7280T for additional 5% bonus discount.
- ▷ **US Airways** Use Gold File # 96193342. Call Meeting Res Staff: 877/874-7687 to compare and reserve 5-15% depending on how far in advance reservation is made and class of fare.
- ▷ **Southwest Airlines** - Southwest Airlines goes to Oakland, but not San Francisco. Groups of 10 or more on same itinerary can call 800/433-5368

(See “Getting There” on page 11)

THE SMALL PRINT

For questions, please call Pat Hardy 805/682-3277

*** DEPOSIT: Full Payment is required in order to hold DOLPHIN Registration discounts**

For others, no later than April 25, 2005: Enclose \$50 for each participant (including sponsored ex-prisoner). Please fill out separate forms for each person attending.

CANCELLATION: For a full refund, written requests must be received by April 24, 2005. Requests after this date will be reviewed by AVP California and AVP USA.

TRANSPORTATION to and from Oakland and San Francisco airports is available with local shuttle services. You must make the arrangements in advance with these transport services. Details will be provided on shuttles with your confirmation and at www.avp-California.org.

**Scholarships are available on a first-come-first-serve basis.
Request before April 1st.**

Former prisoners qualify for full registration, **DOLPHIN** scholarships (the \$50 deposit will be refunded at the conference). Partial assistance on travel may also be available from AVP/USA. Please apply through your local or regional group.

Others' requests for assistance on registration or travel expenses should also be through your local group.

FOUR EASY WAYS TO REGISTER (Registration Deadline April 24, 2005):

- 1 – Print out form and mail with check or credit card via U.S. Postal Service to:
AVP/USA National Conference, c/o 886 Cheltenham Rd., Santa Barbara, CA 93105
- 2 – FAX form with credit card payment to 805/682-5837
- 3 – Go to www.AVPUSA.org to pay on line.

TO USE THIS FORM, PLEASE MAKE COPY

AVP/USA 2005 ANNUAL CONFERENCE REGISTRATION

Conference Dates: 4 p.m. Friday, May 27, 2005, through lunch Monday, May 30, 2005

Name _____ Adjective _____ Date _____
 Address _____ Apt # _____ Gender M F
 City _____ State _____ Zip Code _____
 Phones Home (____) _____ Work (____) _____
 Cell Phone you will bring (to help us find you along the way) (____) _____
 Email _____ @ _____

REGISTRATION OPTIONS: (One form per registrant, please)

DOLPHIN—Includes 3 nights **dormitory** accommodations, 9 meals, snacks and conference program.

- \$205—**Early Bird** before March 15th (**MUST BE PAID IN FULL NOW FOR DISCOUNT**)
- \$245—**Registration** from March 15th through April 24th (\$50 DEPOSIT, must be paid in full by April 24th)
- \$299—**Late Registration** after April 25th (**MUST BE PAID IN FULL**)

Semi-Private w/Shared Bath—(Add \$75 to Registration Fee)

—Sharing Semi-Private With _____

—SEMI-PRIVATE ROOMS HAVE VERY LIMITED AVAILABILITY

DOLPHIN Option	\$
-----------------------	----

Semi-Private	\$
---------------------	----

JELLYFISH at \$50 per day—Includes snacks and conference program, **lunch only, no overnight** lodging.

- Saturday
- Sunday
- Monday (number of days times \$50)

JELLYFISH Option	\$
-------------------------	----

ANEMONE—Includes one-night dormitory accommodations, 3 meals, snacks and conference program.

- FRIDin.** + SAT B & L (\$100)
- SAT Din.** + SUN B & L (\$100)
- SUN Din.** + MON B & L (\$100)

—SEMI-PRIVATE ROOMS ARE NOT AVAILABLE

ANEMONE Option	\$
-----------------------	----

ANEMONE Option \$

Need Linens—Sheets, towels & blankets are NOT provided to keep costs down. If you are not bringing linens, we can provide. —We provide linens for \$25. **Need Linens Option \$**

COOL T-Shirts as a memento...\$20 each (Must be ordered in advance)
—Please specify size: S M L XL XXL **T-Shirts x** (qty) **\$**

Scholarship Donation—Contribute to help ex-prisoners and others attend this conference: **\$**

Dolphin Pay In Full Now—Others Pay \$50 Deposit **TOTAL \$**

Deposit* (if applicable) **LESS DEPOSIT IF REQUIRED — \$**

AMOUNT PREPAID WITH THIS REGISTRATION

Check Enclosed (Made out to **AVP USA**)
Credit Card Payment: **Master Card** **Visa**

Credit Card Number..... Valid Through _____

Name as on card..... **AMOUNT PAID \$**

Signature of cardholder..... **BALANCE DUE UPON ARRIVAL >>** **BALANCE DUE \$**

SPECIAL NEEDS

Need Accessible Room
Dietary All Days: **OTHER:** _____
(specify)

Send Me Scholarship Information **VEGETARIAN** **VEGAN** **DIABETIC**

WHAT TO BRING!

★ **NOTE:** *If you marked your registration form for linens and blankets they will be at the registration desk.*

- ___ Warm sleeping bag
- ___ Pillow
- ___ Bath Towel, washcloth
- ___ Alarm Clock
- ___ Toothbrush, toothpaste, soap
- ___ Pajamas and a robe for going to the shared bathroom
- ___ Footgear: ankle-supporting, preferably waterproof
- ___ Hat
- ___ Gloves or mittens
- ___ Sweater – wool is best
- ___ Rain gear
- ___ Sunglasses
- ___ Small flashlight
- ___ Camera and film
- ___ Quarters for washers, dryers, laundry soap and payphones
- ___ Water bottle
- ___ Binoculars for birding
- ___ Sunscreen

★ **NOTE:** *Check schedule for open video night*

- ___ Informational & Inspirational videos to share
- ___ 100 copies of promotional materials, new exercises or handouts you think others might be interested in
- ___ Instruments, juggling balls, costumes or other paraphernalia for talent night
- ___ Someone who has never been to our National Conference

★ **NOTE:** *Weather here can be quite chilly as well as warm, so layering is definitely in order. The 50° ocean will be unsuitable for swimming or surfing. Planning a southern California vacation before or after the conference could be the perfect thing!*

___ Cell phones work somewhat.

★ **NOTE:** *For EMERGENCY CALLS from people at home ONLY while you are at the conference, leave John Helding's cell 415/279-8020. This number is only for calls during the weekend, not before.*

TO USE LIST ABOVE, PLEASE MAKE COPY

AVP ON THE INTERNET WORLDWIDE

<http://theTransformer.us>
<http://AVPInternational.org>
<http://AVPUSA.org>

(*“Getting There”...continued from page 6*)
for discount prices.

- ▷ **AMTRAK** www.amtrak.com - Amtrak goes into Oakland; a bus takes passengers on to San Francisco. Check website for updates on route maintenance information.
- ▷ **Marin Door to Door Shuttle**
Call for reservations at least 24 hours in advance at 415/457-2717 or visit their web site at <http://www.marindoortodoor.com/process1.php>

CAR RENTAL

- ▷ **Budget** Rent a Car - Discount off the lowest rates. Discount Code **U063658**. 800/772-3773, or go to the web address below:
<https://rent.drivebudget.com/Home.jsp?GOMAIN=TRUE&SUBMIT=PRELOAD&RELOGIN=YES&BCD=U063658&IN=>

Rate Preference [Help](#)

Discount Code (BCD):

Lowest Rates
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- ▷ **Alamo's** Small Groups and Events Program.
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 - To book this special offer, contact your travel agent, or call Alamo at 800/732-3232.
 - Be sure to request Rate Code GR and Promo Code **538679** for the AVP USA Conference.
 - Or, go to the web address below:
<http://www.alamo.com/index.do?action=/resRentalInfo.do&rateCodeGR&contractId=538679>

- ▷ **AVIS** Rent A Car
Special negotiated rate in conjunction with USAirways.
Call 800/629-6995. Reference: **AWD K609400**

A Light Still Shines Remembering Olga Tishina

*Contributed by Raffi Aftandelian
La Jolla, California, USA*

Dear friends and colleagues,

On January 2nd this year the AVP community in Moscow lost one of its own, Olga Tishina. Olga was a very good friend of mine and a fellow co-facilitator with whom I especially enjoyed working with. She was the only facilitator in Russia of the "first wave" of facilitators trained in AVP (*by Kay Anderson and other AVP'ers in the early 90's*) to stay on and continue doing AVP workshops.

She was one of the first AVP'ers here to conduct the T4T as well.

Some of you may remember Olga as she participated in the AVP Int'l Gathering in Houston in 1998.

Olga was an amazing person for me. I never ceased to be inspired by her inner freedom, her honesty, her willingness to tell it as it is with grace, her style, her individualism, and her love of life.

Besides being an AVP'er, she



was an excellent English teacher and interpreter, translating trainings for internationally-renowned psychotherapists and people of related fields.

She died of cancer at age 45. Services took place January 5th near Moscow.

Messages of condolence can be sent to her brother Igor Tishin at tishin@eagle.ru.

AVP and the REENTRY PROCESS

*Contributed by Dick Nethercut, (Radiant Rich)
Concord, Massachusetts, USA*

In the past several months I have attended the court appearances or Parole Board hearings of five prisoners, all of whom were either AVP facilitators or had completed the three levels of training. I have testified on two of these occasions. Because of my hearing loss I don't always know what is going on. But

there is a strong feeling within me that I should be there, and I know that just my presence is appreciated by the individual and his family whether I speak or not.

I feel that all of us in AVP, on either side of the wall, owe a debt to the prisoners at Greenhaven in New York who took the initiative 30 years ago to work with Quaker volunteers in crafting a program which became our beloved AVP. From the start there was a covenant of sorts between those on the inside and those on the outside, a partnership which was mutually reinforcing and empowering. The inside facilitator in many respects is the host, the guide, and the teacher that knows the prison culture and can have a far greater impact on fellow prisoners than an outside facilitator. Moreover, we outside volunteers become better facilitators to the extent we listen to and learn from those on the inside. (Ten years ago my failure to consult with the inside team members led to my partner and me being evicted and the workshop being suspended in what was a painful but powerful learning experience for me.)

Now it seems to me we have something of a reversal of roles. In Massachusetts, under the leadership of a new Commissioner of Corrections, there is greater emphasis on preparing the prisoner to return to society and facilitating his/her successful reentry. At the two parole hearings I attended Board members seemed to view favorably the prisoner's involvement in programs like AVP, but raised questions about resources on the outside that would help keep the individual on track after release.

How can AVP lend a hand in this exit (from prison) and reentry process? Obviously there is no single pat answer and circumstances will vary from state to state but the first advice I would give is to work within the system. In Massachusetts it is permissible for volunteers to write letters of support for persons appearing before a Parole Board and to attend and testify at the hearing itself. I also have been subpoenaed to testify at two superior court hearings based on my knowledge of the defendant through his participation in AVP.

Secondly, I would urge that every effort be made to encourage the ex-inside facilitator to participate at all levels of AVP. Recently an ex-prisoner (and superb facilitator) was named co-chair of the AVP Massachusetts local group, which will have primary responsibility for hosting the 2006 National Gathering in Boston.. The Fall meeting of AVP New England was held at a minimum security prison in Massachusetts and two ex-prisoners and four inside facilitators took part. Their combined presence galvanized the event and made us all aware of the power, hope, and potential for change inherent in AVP.

Clearly a desired goal is to have greater representation of former prisoners at the national gathering and within the AVP/USA committee structure. It is encouraging to note that the keynote speaker at the next national gathering is a former prisoner. And I would hope that committees like the Conference Committee and CLRG would particularly seek to bolster their ranks with ex-inside facilitators.

Please Take an Opportunity to Help AVP by Subscribing!

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Complementary Issue

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Your City, Your State Zip + 4

If *expired* or *expires soon* is indicated and you wish to continue to receive the Transformer, we need to hear from you! Scholarship subscriptions are available. Annual subscription is **\$15** each for individuals or **\$10** each for five or more group subscriptions. All issues are mailed to individual addresses.

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 Prison or Community Coordinator

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 Save at **\$25** for 2 years or **\$35** for 3 years!
 \$10 each for group subscriptions

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Please mail info with payment to:
AVP Distribution Services
 844 John Fowler Road
 Plainfield, VT 05667

Signing on to the AVP-L list

Peter Hoover (Persistent Peter)
 Trumansburg, New York, USA

AVP-L@CORNELL.EDU is a discussion list open to certified trainers of creative conflict-resolution workshops held under the auspices of the Alternatives to Violence Project, Inc., or its approved national (U.S.) or international equivalents. It is designed to facilitate communication among these individuals, with discussions to center around facilitation techniques, workshop exercises, and other useful information pertaining to the mechanics of facilitating AVP workshops. To preserve the confidentiality of workshop participants, please make comments about such individuals generic.

To subscribe, send an e-mail message indicating where and when you obtained your AVP facilitator certification, where you currently train, and any other pertinent information you care to include to the list owner, Peter Hoover, at prh4@cornell.edu.

Signing on to the AVP-L2 list

Richard Krouskop (Rambunctious Rick)
 Shreveport, Louisiana, USA

Want to share your work with, or thoughts on: restorative justice, prison reform, school violence, the (.....Insert your favorite region here) conflict between (.....side A) and (....side B), etc.? That's what the AVP-L2 E-mail discussion group is designed for.

On AVP-L2, there are no restrictions: just "anything in which you think other AVP facilitators might be interested."

Subscription to AVP-L2 is automated and done entirely through the AVP/USA website. Be certain you are using a computer with e-mail connected to the e-mail address you wish to use for the list. You will be sending an e-mail to register and your return address must be the e-mail address to which you wish to receive list traffic.

- Go to: www.avpusa.org
 - Go to the Facilitator's page (click on the AVP/USA tab)
 - Login Name: "member"
 - Login Password: "texashug"
- Sign up for AVP-L2 (and also AVP-L) near the bottom of that page.

Ordering AVP Manuals and Publications

Core Publications:	Price	Qty
Basic Manual (indicate loose leaf or bound)	7.50	___
Advanced (2nd Level)	10.00	___
Supplement to Basic & Advanced	10.00	___
CD-ROM edition only — paper version is "out of print"		
Training for Trainers	10.00	___
Youth Manual (indicate loose leaf or bound)	10.00	___
AVP Organizing Kit	10.00	___
AVP Video	30.00	___
(VHS Format. 1 hour including 27 minute Belly of the Beast and 12 minute segments showing AVP, HIPP, & RAVE)		

Spanish Manuals— from PAV Mexico

Basic (a translation of latest English edition)	15.00	___
Advanced	20.00	___
Training for Facilitators	10.00	___
(Older Basic Translations from Columbia & Costa Rica are still available-contact Distribution Service for ordering information)		

AVP Evaluations

New Zealand AVP Evaluation (52 pp)	5.00	___
Delaware/Sloane AVP Study (24pp)	2.50	___
Testimonial Booklet -1988-AVPNY (20pp)	1.50	___
Walrath/Maryland AVP Evaluation (16pp)	1.00	___
Rwanda AVP Evaluation (24pp)	2.00	___

Other Items

Transforming Power—Stories of AVP in Action	8.50	___
Collected by Hal Brody, Ed: Gini Floyd, Martin Hattersley		
Transforming Power for Peace (Larry Apsey)	7.00	___
How to Do Good After Prison (M.B. Jackson)	8.50	___
Walking Softly in an Alien World (P.McConnel)	4.00	___
AVP & Restorative Justice (Michael Bishoff)	2.00	___
Little Book of Restorative Justice (Zehr)	4.95	___
Koosh Balls — used in Pattern Ball exercise	3.95	___

Postpaid Pamphlets:

Nonviolence & Community (Pendle Hill #323)	3.00	___
Overview & Background Packet (John Shuford)	1.00	___
AVP Worldwide Contact Directory	1.00	___
AVP/USA By-Laws & Policy Guide	1.00	___
Restorative Justice Pamphlet	1.00	___

Custom Printed Items*:

AVP National Brochure*	15.00/C	___
Workshop Completion Certificates*	20.00/C	___

*These items can be customized for your local group—
Contact Alan Taplow for details.

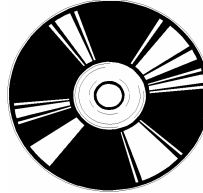
All manuals supplied as loose leaf pages except the Basic Manual and the Youth Manual, which are bound paperbound books. These are often preferred in prisons—easier to keep pages together. If you would prefer the Basic or Youth Manual as loose leaf pages, please circle "loose leaf" above.

Shipping Charges:

Circle "Priority Mail" or "Media Mail"

Priority Mail:	4.00 for first item
(normally 2-4 days)	1.50 for ea additional item east of Mississippi
	2.00 for ea additional item west of Mississippi or south of Virginia
	2.25 for ea additional item west of Rockies
Media Mail:	2.00 for first item
(normally 7-14 days)	.50 for each additional item

SUPPLEMENT Now On CD



Last year the decision was made to discontinue the printed version of the Supplement. It is again available, but in an Acrobat (.pdf) format. Exercises are easily searched and printed.

All Orders Must Be Prepaid:

Payment method:

Check to AVP/USA for _____ enclosed

Charge my MasterCard Visa

Card# _____

Valid through month ____ year ____

Name as on card: _____

Name: _____

Street: _____

City: _____ State: _____

Zip+4: _____

Email: _____

Phone (home): _____

Phone (work): _____

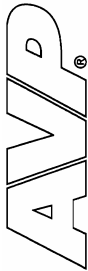
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Or Contact:

Alan Taplow
802-454-4675
manuals@avpusa.org

Editor: Doug Couch, CouchDougias@aol.com.
 Subscription info to Alan Taplow at the AVP Distribution Service, address on reverse. Correspondence or articles to the Transformer at the address below.



Alternatives to Violence Project USA
 P.O. Box 128
 Peterborough, NH 03458

“the TRANSFORMER” is the Alternatives to Violence Project USA, Inc. newsletter for facilitators and others with an interest in AVP. It is published and mailed quarterly in Spring, Summer, Fall, and Winter by AVP USA at Peterborough, New Hampshire. Articles are welcome.

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As understanding ripples
 Throughout the world
 Violence lessens
 And a feeling of community
 Arises to take its place...
 One person at a time.
The EDITOR